Oleuropein attenuated docetaxel-induced liver and kidney toxicity in rats by modulating oxidative stress, gene expressions and histopathological damage

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Abstract: Docetaxel (Dtx) is a frequently used antineoplastic agent despite its dose-limiting toxic effects. Our objective was to assess the effects of oleuropein (Ole), a natural polyphenol, on Dtx-induced toxicity. Thirty-two male rats were randomly assigned to four groups for a four-week treatment: Control (sham), Dtx (5 mg/kg weekly, i.p.), Ole (30 mg/kg daily, p.o.) and Dtx+Ole. Biochemical and gene expression analyses were performed on liver, kidney and blood samples. Additionally, histological and immunohistochemical evaluations were conducted on the liver and kidneys. Ole reduced the Dtx-induced oxidative stress index in tissues. In contrast to Dtx, it decreased caspase-3 and Bax gene expressions while increasing Bcl-2 expression. Furthermore, Ole improved the ALT, AST, urea and creatinine levels, which were impaired by Dtx administration. It also reduced serum IL-6, IL-1 β and TNF- α levels, which had been elevated due to Dtx. Histopathological and immunohistochemical examinations revealed that Ole administration mitigated Dtx-related damage in both tissues. These findings suggest that Ole might offer protection against Dtx-induced liver and kidney toxicity in rats.

Keywords: Docetaxel, oleuropein, oxidative stress, hepatotoxicity, nephrotoxicity.

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INTRODUCTION

Docetaxel (Dtx) is a commonly used intravenous antineoplastic agent for treating various solid tumors. It can be used alone or in combination with other antineoplastic agents for cancer chemotherapy (Cimbro et al., 2024; Kida et al., 2024; Ajdari et al., 2024). Dtx hinders tumor cell growth by preventing the assembly of mitotic spindles, leading to G2/M cell cycle arrest. This process ultimately leads to apoptosis. Additionally, it promotes apoptosis by inducing the phosphorylation of B-cell lymphoma 2 (Bcl-2) (Yu et al., 2020; Qian et al., 2022). Dtx is predominantly metabolized in the liver via CYP450 (CYP) 3A4 to several metabolites that are all considered to be therapeutically less effective. On the other hand, severe dose-limiting toxicities, including hepatotoxicity, neutropenia, neuropathy, anaemia and nephrotoxicity, may occur even at its therapeutic dose range (Cimbro et al., 2024; Kida et al., 2024; Beheshtizadeh et al., 2024). These toxic effects may lead to a dose reduction, delay in the chemotherapy schedule, or early termination of the drug treatment. Therefore, there is a critical need to develop complementary approaches to reduce Dtx-induced toxicity in order to enhance the success of chemotherapy and improve patients' quality of life.

In recent years, numerous studies have concentrated on utilizing plant-derived polyphenolic compounds to alleviate chemotherapy-induced toxicity. Oleuropein (Ole) is the primary polyphenolic substance in the olive tree

(Olea europaea L.). Olive fruits and extra virgin olive oil are important components of the Mediterranean diet. This non-toxic secoiridoid exhibits numerous pharmacological effects, such as anti-inflammatory, antioxidant and anticancer activities, by modulating various mechanisms (Ahmad Farooqi et al., 2017). There are several studies on the health benefits of Ole and its protective effects on the organotoxicity induced by xenobiotics (Mahmoudi et al, 2015; Yu et al., 2016; Potočnjak et al., 2016; Geyikoglu et al., 2017; Koc et al., 2019; Jemai et al., 2020; Karakoç and Sekkin, 2021). Furthermore, a study reported that Ole demonstrated a synergistic antitumor effect with anthracycline-based cytotoxic chemotherapy in BALB/c mice with breast tumors (Elamin et al., 2019). On the other hand, the potential protective efficiency of this polyphenol against Dtx-induced toxicity remains to be elucidated. Therefore, our study aimed to investigate the effects of Ole on Dtx-induced hepatic and renal damage.

MATERIALS AND METHODS

Chemicals

Dtx (Doxel Ready®) was obtained from Gensenta İlaç San. A.Ş. (Istanbul, Türkiye). Ole (CAS: 32619-42-4; purity >98%) was purchased from Santa Cruz Biotechnology Inc. (California, USA). All other chemicals employed in the study were of analytical grade and were used as received without further purification.

Animals and ethics

The Local Ethics Committee of Pamukkale University approved the experimental protocol (protocol number:

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PAUHDEK-2023/05). Thirty-two healthy adult male Sprague-Dawley rats, 3 months old and weighing 220-250 g, were used for the experiment. Rats were sourced from the Pamukkale University Experimental Research Center (Denizli, Turkiye) and were kept under standard housing and feeding conditions throughout the study. Water was given *ad libitum*.

Experimental design and drug treatment.

The rats were randomly assigned to four groups, each containing eight animals; 1: Control, 2: Dtx, 3: Ole, 4: Dtx+Ole. The body weights of the rats were monitored daily. Ole was suspended in distilled water (DW) before each oral administration. The control group rats were ml of 0.9% administered 0.2 NaCl solution intraperitoneally (i.p.) once a week and they received 1 ml of DW by oral gavage (p.o.) per day for 4 weeks (approximately equal drug volumes to those in other groups). Dtx group animals were administered 5 mg/kg of Dtx (i.p.) once a week and 1 ml of DW (p.o.) per day for 4 weeks. Ole group were administered 30 mg/kg of Ole (p.o.) per day and 0.2 ml of 0.9% NaCl solution (i.p.) once a week for 4 weeks. The rats in the Dtx+Ole group were administered 5 mg/kg Dtx (i.p.) once a week and 30 mg/kg Ole (p.o.) per day for 4 weeks. The Dtx dosage was based on previous research (Kim et al., 2018). Dtx is administered at doses ranging from 60 to 100 mg/m² every 21 days in monotherapy. Therefore, the weekly dose preferred in rats falls within the range of human dosing. On the other hand, there is no standard dose for Ole. Hence, the minimum daily oral dose reported to exhibit an exact pharmacological effect in previous studies has been preferred (Janahmadi et al., 2015; Sherif et al., 2016). All animals survived during the experiment and were then sacrificed under anesthesia (50 mg/kg ketamine, i.p. and 5 mg/kg xylazine, i.p.) for sample collection. Blood samples were taken by cardiac puncture and serum was separated for biochemical analysis. The livers and kidneys were promptly excised for reverse transcription quantitative real-time polymerase chain reaction (RT-qPCR), ELISA and histopathological-immunohistochemical analysis.

Preparation of tissue homogenates

Left kidney and liver samples were homogenized in a phosphate buffer (pH 7.4) at 2000 rpm for 1 minute, then centrifuged at 12,000 rpm and 4°C for 10 minutes. The supernatants were collected and immediately analyzed.

Gene expression analysis

Throughout the process from total RNA isolation to gene expression analysis, Trizol reagent (Hibrigen Biotechnology, Türkiye), complementary DNA (cDNA) synthesis kit and 2X qPCR MasterMix kits (A.B.T. Laboratories, Türkiye) were used according to the manufacturers' instructions. RNA purity was measured using a Nano Drop ND-2000C spectrophotometer (Thermo Fisher Scientific Co., USA). mRNA expression was

determined using StepOnePlus® RT-qPCR (Applied Biosystems, Massachusetts, USA). The conditions for RT-qPCR were as follows: initial denaturation at 95°C for 10 min, followed by 40 cycles of denaturation at 95°C for 30 sand annealing at 60°C for 60 s. β -Actin served as the reference housekeeping gene for analyzing the mRNA expressions of Bcl-2, Bcl-2 associated X protein (Bax) and caspase-3 (Casp3). Sequences of primers are presented in Table 1. Experiments were conducted in triplicate. In analyzing RT-qPCR data, quantification was carried out using the $\Delta\Delta$ CT method available on the Gene Globe platform (https://geneglobe.qiagen.com/us/analyze).

Biochemical analysis

Serum obtained by centrifuging whole blood was used to determine certain biochemical parameters associated with liver and kidney damage, such as urea, uric acid, creatinine, AST, ALT and GGT. Analysis was performed within two hours using a Roche[®] Cobas c501 auto analyzer (Roche Diagnostics, Switzerland).

Liver CYP3A1, the total oxidant status (TOS) and total antioxidant status (TAS) of liver and kidney tissues and serum levels of TNF- α , IL-1 β and IL-6 were measured using commercial ELISA kits [BT LAB (E1828Ra), China; Elabscience Laboratories (E-BC-K802-M and E-BC-K801-M), USA; Thermo Fisher Scientific Co., (ERA56RB, BMS630 and ERA31RB), USA, respectively] following the manufacturers' instructions. The oxidative stress index (OSI) was determined by TOS/TAS formula. The results were presented in arbitrary units (Erel, 2005).

Histopathological analysis

Liver and right kidney tissues were fixed in 10% neutral formalin. Then, the samples were subjected to an automatic tissue processor (Leica ASP300S, Germany), embedded in paraffin and 5-µm sections were cut using a rotary microtome (Leica RM2155, Germany). The resulting sections were stained with hematoxylin-eosin (H-E) and examined under a light microscope. Rat liver tissues were stained with H-E to determine the presence and degree of steatosis, inflammation, necrosis and fibrosis, which are histological changes. The lesions were combined from previous studies and graded according to the criteria listed in Table 2 (Veteläinen *et al.*, 2006; Thoolen *et al.*, 2010; Frazier *et al.*, 2012).

Immunohistochemical analysis

Three series of slices from each block of the tissues were cut and drawn on poly-L-lysine coated slides for immunohistochemical examination. According to the manufacturer's instructions, the sections were stained for the expression of Casp3 (using Anti-Caspase-3 p12 antibody [EPR16888] (ab179517), Bax (using Anti-Bax antibody [E63] (ab32503) and Bcl-2 (using Anti-Bcl-2 antibody [ab196495]). Immunohistochemistry was performed on tissue sections using a streptavidin-alkaline

phosphatase conjugate and a biotinylated secondary antibody, following a 60-minute incubation with primary antibodies diluted 1:100. The EXPOSE Mouse and Rabbit Specific HRP/DAB Detection IHC Kit (Catalog no: ab80436, Abcam Ltd., UK) was used for detection, with diaminobenzidine (DAB) as the chromogen. Antigen dilution solution served as a negative control in place of primary antibodies. Each blinded sample was examined by a trained pathologist from a different university.

Each antibody was tested on separate tissue sections for immunohistochemical analysis. At 40x magnification, the percentage of positively stained cells was assessed at ten distinct locations on each slide across all groups. The ImageJ program (Bethesda, MD, version 1.48) was used to tally the results. Images were first cropped, split into color channels and any artifacts were removed. Cells were selected and counted using the software's tools, with only those showing a clear brown stain being considered positive. Morphometric analyses were conducted using the Olympus CX41 microscope and Axios camera and microphotography was performed with the Cell Sens Life Science Imaging Software (Olympus Co., Japan).

STATISTICAL ANALYSIS

Statistical analysis was conducted with SPSS 29.0 (SPSS Inc., Chicago, IL, USA). Data are presented as mean \pm standard error (mean \pm S.E.). The Shapiro–Wilk test assessed data normality, while Levene's test evaluated variance homogeneity. One-way ANOVA was used to compare group differences, with significance determined through the post hoc Tukey test. Paired samples t-tests analyzed changes in body weight between initial and final measurements. A significance level of p<0.05 was established.

RESULTS

Body weights

At the start of the study, no statistically significant differences in weight were observed between the experimental groups (p>0.05). However, at the end of the study, significant weight gains were observed in the control, Ole and Dtx+Ole groups compared to the initial weights (p=0.003, p=0.001 and p=0.027, respectively). On the other hand, there was no significant difference in weight between the beginning and the end in the Dtx group (p>0.05). The distribution of body weight measurements is provided in Table 3.

Gene expressions

Dtx caused a significant increase in the expression of proapoptotic genes in hepatic and renal tissues, while leading to a decrease in anti-apoptotic gene expression. In the liver tissue, the expressions of Bax and Casp3 increased approximately equally following Dtx application. However, in the kidney tissue, the expression of Casp3 increased more than that of Bax. The Ole treatment, however, reversed this effect. Ole was found to increase Bcl-2 expression while decreasing Bax and Casp3 expression. Table 4 presents the results of fold changes for the examined genes in the experimental groups, comparing them with the control group.

Serum biochemical parameters

Biochemical analyses revealed no significant differences in GGT and uric acid parameters among the experimental groups (p>0.05). On the other hand, it was determined that serum levels of TNF- α , IL-1 β , IL-6, ALT, AST, urea and creatinine significantly increased in the Dtx group compared to the control group (p=0.015 for creatinine levels and p<0.001 for the others). Ole co-administration mitigated all inflammation-related parameters. No significant differences were observed in these parameters between the control group and the Ole-treated groups (p>0.05).

Administering Dtx led to a significant increase in serum levels of all cytokines compared to the control group (p<0.001 for each parameter). Ole administration resulted in a significant decrease in cytokine levels in Dtx-treated rats. The differences between the Dtx+Ole and Dtx groups were found to be statistically significant (p<0.001, p=0.002 and p<0.001, respectively). Additionally, it was found that there were no significant differences in TNF- α , IL-1 β and IL-6 levels between the Control, Ole and Dtx+Ole groups (p>0.05). The results of the serum biochemical parameters are detailed in Table 5.

CYP3A1 levels

The Dtx treatment caused a significant increase in CYP3A1 expression in the liver tissues (p=0.01). On the other hand, Ole treatment had no notable effect on the expression of this enzyme (p>0.05). The mean CYP3A1 enzyme levels of the groups are presented in Fig. 1.

OSI

The mean renal and hepatic TOS and TAS levels of experimental groups are presented in Table 6. The results show that Dtx significantly increased the OSI in both the liver and kidney, but Ole successfully restored the Dtx-induced OSI to normal levels. The distribution of experimental groups in terms of OSI in tissues is presented in Fig. 2.

Histopathology and immunohistochemical findings

The Control and Ole groups showed normal liver tissue architecture during the histopathological investigation. The Dtx group had noticeable pathological changes including hyperemia, hepatocyte destruction, steatosis, minor inflammation, small necrotic regions and slight fibrosis, which was mostly restricted to the centrilobular vein. The Dtx-related findings were mitigated by the Ole treatment in the Dtx+Ole group. Histopathological findings of livers between the groups are presented in Fig. 3.

Immunohistochemical findings revealed negative to very slight Casp3 and Bax expressions in the Control and Ole groups. Dtx application slightly or moderately increased the expressions in hepatocytes. Ole treatment decreased the Casp3 and Bax expressions in the Dtx+Ole group. Casp3, Bax and Bcl-2 expressions of experimental groups in hepatic tissues are presented in Fig. 4, 5 and 6, respectively. The results of immunohistochemical scores of the liver in experimental groups are presented in Table 7. The findings from this study indicate that Dtx induces liver damage, while Ole exhibits healing effects on Dtx-induced lesions.

The kidney sections from the Dtx group that underwent histological examination revealed considerable hyperemia, small to moderate hemorrhages, tubular epithelial cell degeneration, protein droplets in the proximal tubules, proteinaceous materials in the tubular lumens and infiltration of inflammatory cells. Ole therapy reduced the pathological results in the Dtx+Ole group. The Control and Ole groups had normal tissue histology. Histopathological findings of renal tissues between the groups are presented in Fig.7.

During the immunohistochemical examination, higher expressions of Casp3 and Bax were found in the tubular epithelial cells in the Dtx group. Following Ole therapy, the expressions decreased in the Dtx+Ole group. Only very mild or unfavorable expressions were observed in the Ole and Control groups. Conversely, Bcl-2 expressions were considerably higher in these groups compared to the Dtx group. It was also determined that Ole administration significantly elevated the Bcl-2 expressions in Dtx treatment. The immunohistochemical findings demonstrated that Dtx damages the kidneys, while Ole therapy improved the problematic findings. Casp3, Bax, and Bcl-2 expressions of experimental groups in renal tissues are presented in Fig. 8, 9 and 10, respectively. Results of immunohistochemical scores of liver in experimental groups are presented in Table 8.

DISCUSSION

Dtx is a widely used anticancer drug that has been in clinical practice for over two decades. However, it can cause serious cellular toxicity, including hepatotoxicity and nephrotoxicity (Baş and Nazıroğlu, Beheshtizadeh et al., 2024). Previous studies have reported that these drug-related toxic effects are due to an imbalance in oxidative stress and DNA mutations (Tang et al., 2017; Cimbro et al., 2024; Saito et al., 2024). Thus, we evaluated the impact of Ole on dose-limiting toxicities from molecular, biochemical, and histopathological perspectives. To the best of our knowledge, our study is the first to evaluate the effects of Ole on Dtx-induced toxicity, representing toxicity caused by a taxane derivative. The findings of this study may contribute significantly to the development of safer and more effective strategies for managing side effects in cancer treatment.

Neutropenia, asthenia, nausea, vomiting, diarrhea and/or constipation are common side effects of Dtx (Hadrich et al., 2016; Stoicescu and Cherecheanu, 2023). Over time, weight loss may occur due to these side effects. The results of our study showed that Ole administration prevented the weight loss caused by Dtx treatment and provided a slight weight gain in rats, although this gain was not statistically significant. The study demonstrates that Ole has the potential to prevent severe weight loss induced by Dtx. This result is consistent with our previous study, in which we evaluated the effects of Ole against the toxicity of an epirubicin and cyclophosphamide combination (Karakoç and Sekkin, 2021). In another study, it was reported that Ole (50 mg/kg/day, for 8 weeks, orally) prevented excessive weight gain in rats fed a fat-rich diet (Hadrich et al., 2016). In a mouse model that received a high-fat diet, Ole supplementation was reported to reduce final body weight and minimize weight gain by increasing total body oxygen consumption, thermogenesis and plasma catecholamine secretion (Park et al., 2011). Our results and previous studies indicate that Ole prevents excessive weight loss caused by antineoplastic drugs (p < 0.05) and has benefits in maintaining normal weight.

Oxidative stress may increase as a result of either excessive free radical production or diminished antioxidant capacity. The disruption of crucial biomolecules and cells due to this imbalance could have far-reaching effects on the entire organism (Jomova et al., 2023; Hassan et al., 2024). The mammalian body contains various oxidant and antioxidant molecules. Instead of measuring these molecules individually, the study measured TOS and TAS to determine the OSI (Erel, 2004; Erel, 2005). In the kidney tissues of the Dtx group, TOS levels were significantly elevated, while TAS levels were notably reduced compared to all other groups. As a result, the OSI in the kidney tissues of the Dtx group was significantly higher than in the other groups. Our study demonstrated that the administration of Ole effectively reduced the Dtx-induced OSI, bringing it to levels similar to those of the control group (p < 0.05). Dtx increases lipid peroxidation, reactive oxygen species (ROS), apoptosis and caspase enzyme activities in mice (Baş and Nazıroğlu, 2019). Previous studies have reported that Dtx induces oxidative stress in the liver by increasing certain oxidant parameters and decreasing the levels of antioxidant parameters (Tang et al., 2017, Guo et al., 2021). On the other hand, some studies have reported that Ole provides protective effects in the liver and kidney against toxicities induced by various substances by reducing the levels of oxidant parameters and increasing antioxidant parameters (Mahmoudi et al., 2015; Karakoç and Sekkin, 2021). In another study evaluating the effects of Ole on kidney damage induced by cisplatin, it was reported that Ole treatment resulted in a decrease in OSI (Geyikoğlu et al., 2017). Our results align with previous studies highlighting the oxidative stress-reducing effects of Ole in hepatic and renal tissues. The current study

demonstrates that Ole effectively reduces oxidative stress induced by Dtx in both tissues, with a more pronounced protective effect observed in the kidneys (p<0.05).

Bcl-2 and Bax proteins are primarily located on the outer mitochondrial membrane. Bcl-2 acts as an anti-apoptotic protein, while Bax functions as a pro-apoptotic protein (Qian et al., 2022). When activated, Bax translocates to the inner mitochondrial membrane, increasing its permeability and leading to the release of cytochrome c. These proteins then contribute to the formation of the apoptosome complex, initiating a cascade of cellular events that culminate in apoptosis (Zhang et al., 2019; Perini et al., 2021; Pravdic et al., 2023). The apoptosome complex triggers the activation of caspase enzymes, which ultimately carry out the process of cell death. Casp3 serves as a central executioner in the apoptotic process. Its activation and subsequent proteolytic activity are crucial for the efficient execution of apoptosis (Han et al., 2023; Tweedell et al., 2024). Our study found that Dtx increased the expression of the Bax and Casp3 while decreasing the Bcl-2 in renal and hepatic tissues. However, Ole application counteracted this effect and suppressed apoptosis in the tissues. Our immunohistochemical findings regarding the expression of these three genes corroborate the RT-qPCR results. Various in-vitro and animal studies conducted with Ole and Dtx have previously reported that they affect the above-mentioned gene expression in a manner similar to our findings (Lopes et al., 2014; Mohammadian et al., 2016; Yu et al., 2016; Dinda et al., 2019; Xu et al., 2022). In this context, the results of our study align with those of previous research. The reduction of oxidative stress through Ole in the liver and kidneys has led to a decrease in apoptotic gene expression, while triggering an increase in anti-apoptotic gene expression, thereby reducing cellular damage.

Increased levels of ROS are closely associated with chronic inflammation, making it a key factor in oxidative stressinduced cellular changes. The production of ROS has been linked to inflammation triggered by cytokines like IL-6 and TNF-α (Tu and Li, 2023; Nong et al., 2024). In our study, we observed a significant increase in the levels of proinflammatory serum cytokines following Dtx treatment (p<0.05). However, Ole administration significantly reduced inflammation by lowering the levels of proinflammatory cytokines to levels similar to those observed in the control group. In this study, Dtx was found to cause a significant increase in serum ALT and AST levels, important biomarkers for liver damage (p<0.05), while Ole prevented the rise in these parameters. Additionally, no significant differences in ALT and AST levels were observed among the Control, Ole and Dtx+Ole groups. In contrast, GGT levels did not differ significantly among the experimental groups. An elevation in GGT is typically associated with damage to the bile ducts and liver cells near the bile ducts. Our results suggest that liver damage due to Dtx toxicity was more pronounced in regions other than the bile ducts and their vicinity, but Ole effectively mitigated this damage. Histopathological examination of the liver further confirmed that Ole alleviated Dtx-induced damage in parameters such as steatosis, inflammation, necrosis and fibrosis, supporting our biochemical findings. Furthermore, previous studies using different toxicity inducers in rats and mice have demonstrated that Ole possesses hepatoprotective effects, consistent with our findings (Mahmoudi *et al.*, 2015; Jemai *et al.*, 2020; Karakoç and Sekkin, 2021).

The elevation of urea and creatinine levels are non-specific biochemical markers commonly associated with kidney toxicity (Gupta et al., 2024; Pradeep et al., 2024). In our study, we observed a significant increase in serum urea and creatinine levels due to Dtx treatment (p<0.05). However, Ole administration significantly reduced these levels. The histopathological and immunohistochemical analyses of renal tissues further supported our biochemical findings. These results indicate that Ole has a renoprotective effect against Dtx-induced toxicity. Previous studies have demonstrated that Ole can ameliorate or prevent nephrotoxicity induced by various antineoplastic agents and other xenobiotics (Mahmoudi et al., 2015; Potočnjak et al., 2016; Geyikoğlu et al., 2017; Koç et al., 2019; Karakoç and Sekkin, 2021). In this context, the results of our study are consistent with the results of the mentioned studies.

The metabolism of Dtx is similar in both rats and humans (Kapelemera et al., 2022). The CYP3A subfamily plays a crucial role in hepatic Dtx metabolism. The primary isoform responsible for this process in rats is CYP3A1, which exhibits significant nucleotide homology with its human counterpart, CYP3A4 (Kappler et al., 2021; Rendic and Guengerich, 2024). There is limited information in the literature regarding the effects of Ole on CYP enzymes. It has been reported in previous studies that Ole inhibits CYP3A in vitro (Malliou et al., 2021; Gervasi and Pojero, 2024). When a xenobiotic inhibits a CYP450 enzyme, the enzyme level in the body does not immediately decrease or increase. Enzyme activity may temporarily decline. However, the body attempts to compensate for this loss and over the long term, the enzyme amount can increase through mechanisms involving the upregulation of CYP450 enzyme gene expression and synthesis (Zhao et al., 2021; Song et al., 2021). After a period of time that cannot be considered as short as one month, any differences that may occur in enzyme levels could offer insights into the potential inhibition or activation that might be associated with Ole. In our study, to the best of our knowledge, this is the first investigation of the in vivo effects of Ole on CYP3A enzyme levels. At the end of the study, there was no significant difference in CYP3A1 levels between the Control, Dtx and Dtx+Ole groups (p>0.05).

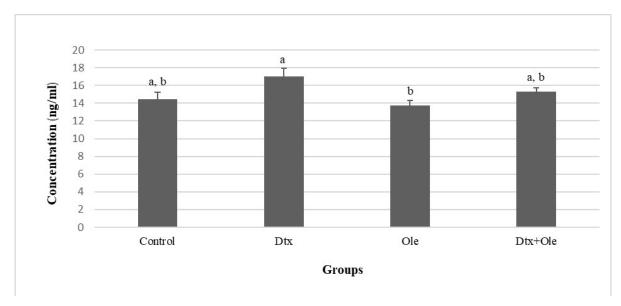


Fig. 1: Mean CYP3A1 enzyme levels of the liver tissues in experimental groups. ^{a, b} Different letters at the top of the columns indicates statistically significant difference (p<0.05) with each other; Results are presented as mean±S.E.; Dtx: Docetaxel, Ole: Oleuropein

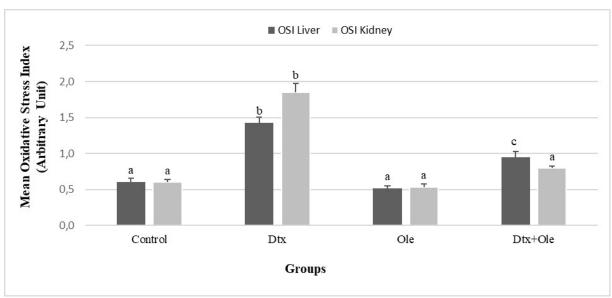


Fig. 2: Mean Oxidative Stress Index values of experimental groups. ^{a,b,c} Different letters at the top of the columns indicates statistically significant difference (p<0.05) with each other; Result of each organ was evaluated on its own; Results are presented as mean±S.E.; Dtx: Docetaxel; Ole: Oleuropein

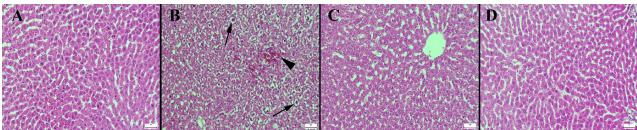


Fig. 3: Histopathological findings of livers between the groups. (A) Normal liver appearance in control group, (B) Hyperemia (arrow head) and steatosis in the hepatocytes (arrows) in Dtx group (C) Decreased liver damage in Dtx+Ole group, (D) Normal tissue architecture in Ole group, Dtx: Docetaxel; Ole: Oleuropein, H-E, scale bars=50μm.

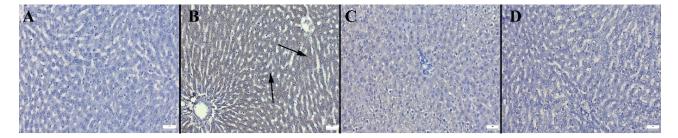


Fig. 4: Caspase-3 expressions between the groups in liver tissues. (A) Negative expression in control group. (B) Marked increase in expressions (arrows) in Dtx group. (C) Decreased expressions in Dtx+Ole group. (D) No expressions in Ole group, Dtx: Docetaxel; Ole: Oleuropein, Streptavidin biotin peroxidase method, scale bars=50μm.

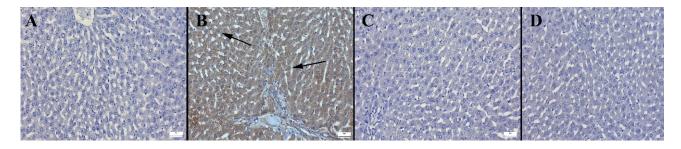


Fig. 5: Bax expressions between the groups in liver tissues. (A) No expression in control group. (B) Marked increase in expressions (arrows) in Dtx group. (C) Decreased expressions in Dtx+Ole group. (D) Negative expressions in Ole group, Bax: Bcl-2-associated X protein, Dtx: Docetaxel; Ole: Oleuropein, Streptavidin biotin peroxidase method, scale bars=50µm.

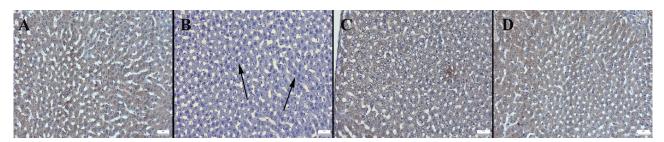


Fig. 6: Bcl-2 expressions between the groups in liver tissues. (A) Marked expression in control group. (B) Decrease in expressions (arrows) in Dtx group. (C) Increased expressions in Dtx+Ole group. (D) Marked expressions in Ole group, Bcl-2: B-cell lymphoma gene-2, Dtx: Docetaxel; Ole: Oleuropein, Streptavidin biotin peroxidase method, scale bars=50μm.

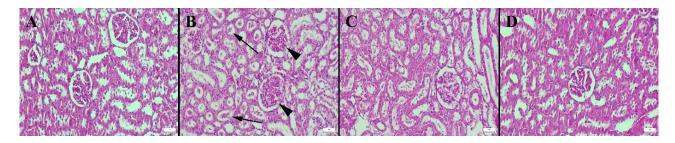


Fig. 7: Microscopical appearances among the groups in renal tissues. (A) Normal tissue histoarchitecture in Control group. (B) Marked hyperemia in glomerulus (arrow head) and proteinous materials (arrows) in the tubular lumens (arrows) in the Dtx group. (C) Decreased pathological findings in Dtx+Ole group. (D) Normal kidney histology in Ole group, Dtx: Docetaxel; Ole: Oleuropein, H-E, scale bars=50μm.

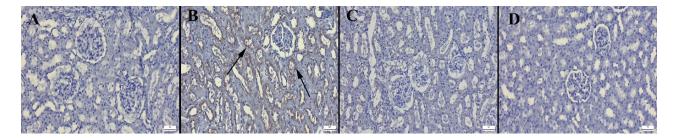


Fig. 8: Caspase-3 immunohistochemical findings between the groups in renal tissues. (A) Negative expression in Control group, (B) Marked increase in expressions in tubular epithelial cells (arrows) in Dtx group, (C) Decreased expressions (arrow) in Dtx+Ole group, (D) No expression in Ole group, Dtx: Docetaxel; Ole: Oleuropein, Streptavidin biotin peroxidase method, scale bars=50µm.

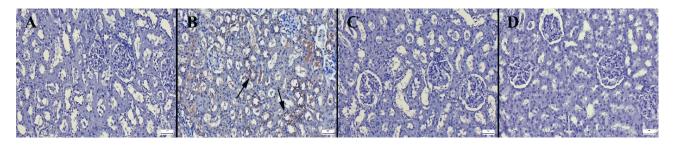


Fig. 9: Bax immunohistochemical findings between the groups in renal tissues. (A) Negative expression in Control group, (B) Marked increase in expressions in tubular epithelial cells (arrows) in Dtx group, (C) Decreased expressions (arrow) in Dtx+Ole group, (D) No expression in Ole group, Dtx: Docetaxel; Ole: Oleuropein, Bax: Bcl-2-associated X protein, Streptavidin biotin peroxidase method, scale bars=50μm.

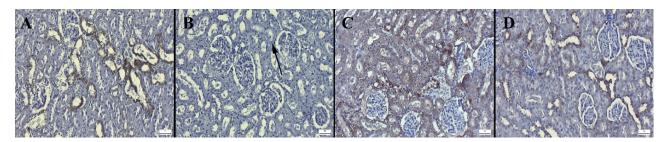


Fig. 10: Bcl-2 immunohistochemical findings between the groups in renal tissues. (A) Marked expression in Control group, (B) Decrease in expressions in tubular epithelial cells (arrows) in Dtx group, (C) Increased expressions (arrow) in Dtx+Ole group, (D) Marked expression in Ole group, Dtx: Docetaxel; Ole: Oleuropein, Bcl-2: B-cell lymphoma gene-2. Streptavidin biotin peroxidase method, scale bars=50μm.

Table 1: Primer sequences for RT-qPCR

Gene	Sequence of Primers	NCBI Reference
β-actin	F: 5'- GACGATATCGCTGCGCTCG-3'	NM 031144.3
•	R: 5'- CAATGCCGTGTTCAATGGGG-3'	_
Bcl-2	F: 5'- CATGTGTGTGGAGAGCGTCA-3'	NM 016993.2
	R: 5'- ACTCAGTCATCCACAGAGCG -3'	_
Bax	F: 5'- CAACATGGAGCTGCAGAGGA-3'	NM 017059.2
	R: 5'- GGAAAGGAGGCCATCCCAG-3'	_
Caspase -3	F: 5'- CTTTGCGCCATGCTGAAACT-3'	NM_001436900.1
-	R: 5'- CAAATTCCGTGGCCACCTTC-3'	_

Bcl-2: B-cell lymphoma 2. Bax: Bcl 2-associated x protein. RT-qPCR: Reverse Transcription quantitative real-time Polymerase Chain Reaction. F: Forward. R: Reverse. NCBI: National Center for Biotechnology Information

Table 2: Histopathology score of hepatic lesions

Histological criteria	Description	Severity	Distribution	Score
	A few hepatocytes have a slightly "foamy" appearance.	Absent	<10%	0
	Some hepatocytes have one or more smaller vacuoles.	Mild	10-30%	1
	Hepatocytes are partly or entirely occupied by numerous tiny	Marked	31-60%	2
Steatosis	lipid vacuoles.			
	Hepatocytes with a large, well-defined single rounded vacuole	Severe	>60%	3
	present in all cells, with their nuclei displaced to the periphery			
	of the cytoplasm.			
	No inflammatory reaction.	None		0
	Scattered predominantly neutrophil and a few lymphocytes.	Moderate	Scattered	1
	Focal or multifocal mainly mononuclear cell infiltrations.	Marked	Foci	2 3
	Diffuse infiltrating of mononuclear cells.	Severe	Diffuse	3
Inflammation				
	No necrotic cell	Absent	0%	0
	Hepatocytes that typically retain normal morphological borders	Mild	<10%	1
Necrosis	but appear as single or multiple foci of pale staining.			
	Focal necrotic areas, limited in the periaciner area.	Marked	10-50%	2
	Prominent and large necrotic areas extending to the subcapsular region.	Severe	>50%	3
	Normal hepatic architecture maintained.	Absent		0
Fibrosis	Formation of connective tissue in the portal areas of the liver	Mild	Periportal	1
	above the normal level.		-	
	Periaciner and peribiliary fibrosis.	Marked	Periaciner	2
	Significant fibrosis that can encircle hepatic lobules and form connections between neighboring portal regions.	Severe	Diffuse	3

Table 3: Distribution of the initial and final body weights of the groups

Groups	Initial b.w.	Final b.w.	p*
Control	232.75±3.48	305.00 ± 14.87^a	0.003*
Dtx	235.50±1.57	228.80 ± 21.20^{b}	0.767
Ole	233.38 ± 3.46	306.38 ± 12.93^a	0.001*
Dtx+Ole	228.38 ± 0.87	243.50 ± 4.92^{b}	0.027*
p**	0.193	<0.001**	

a, b Superscript letters in the final b.w. column indicates statistically significance (p<0.01) with each other. * Statistically significant p values of intra-group paired sample t tests. ** Statistically significant p values of one way-ANOVA. Dtx: Docetaxel. Ole: Oleuropein. b.w.: body weights. Data expressed as mean \pm S.E.

Table 4: Fold changes of the genes in experimental groups.

			Grou	ps*		
	Docetaxel		Oleuropein		Docetaxel+Oleuropein	
Organ/	Fold Change	p value	Fold Change	p value	Fold Change	p value
Gene	-	-		-		-
Liver						
Bcl-2	0.78	0.137747	1.62	0.010628	3.09	0.016178
Bax	4.54	0.000077	0.54	0.515522	0.51	0.514099
Casp3	4.06	0.418446	0.85	0.028653	1.81	0.472452
Kidney						
Bcl-2	0.78	0.137878	4.29	0.000007	5.41	0.008136
Bax	2.63	0.002728	0.38	0.867902	0.51	0.514099
Casp3	8.78	0.104808	0.66	0.022156	1.08	0.218570

^{*} The results of fold changes compared with the control group. The expression level of the reference group (control group) is considered as 1-fold. Bcl-2: B-cell lymphoma 2. Bax: Bcl 2-associated x protein. Casp3: Caspase-3

Table 5: Results of serum biochemical parameters

Parameters			Groups	
	Control	Oleuropein	Docetaxel	Docetaxel+ Oleuropein
ALT (U/L)	82.31 ± 4.39^{a}	74.25±3.06 a	117.61 ± 6.85^{b}	84.90±3.52ª
AST (U/L)	189.69 ± 10.25^{a}	168.10 ± 9.97^{a}	261.04 ± 10.09^{b}	201.30 ± 15.35^{a}
GGT (U/L)	1.95 ± 0.15^{a}	2.03 ± 0.12^{a}	2.10 ± 0.18^{a}	2.06 ± 0.12^{a}
Creatinine (mg/dl)	$0.31{\pm}0.02^a$	0.30 ± 0.01^{a}	0.37 ± 0.18^{b}	0.28 ± 0.01^{a}
Urea (mg/dl)	$44.51\pm0,68^{a}$	43.94 ± 0.92^a	54.13 ± 1.81^{b}	45.13 ± 2.09^{a}
Uric Acid (mg/dl)	1.39 ± 0.15^{a}	1.18 ± 0.05^{a}	1.50 ± 0.11^{a}	1.38 ± 0.10^{a}
IL-1β (pg/ml)	174.90±3.81a	173.43 ± 3.06^a	202.53 ± 4.97^{b}	182.10 ± 1.79^{a}
IL-6 (pg/ml)	73.63 ± 0.92^a	75.39 ± 1.318^a	92.53 ± 2.48^{b}	80.08 ± 2.29^{a}
TNF-α (pg/ml)	$83.58{\pm}1.35^a$	86.56 ± 1.36^a	99.96 ± 1.52^{b}	87.78 ± 1.28^{a}

 $^{^{}a,b}$ Statistically significant differences (p<0.05) are indicated by different superscript letters within the same row. with each other. ALT: Alanine Aminotransferase. AST: Aspartate Aminotransferase. GGT: Gamma-glutamyl transferase. IL-1 β : Interleukin-1 Beta. IL-6: Interleukin 6. TNF- α : Tumor necrosis factor-alpha. Data expressed as mean \pm S.E.

Table 6: The mean renal and hepatic TOS and TAS levels of experimental groups

Tissue- Parameter		Groups			
	Control	Dtx	Ole	Dtx + Ole	
Liver					
TAS	14.51 ± 0.89^a	12.51±0.66 a	14.71 ± 0.62^{a}	13.42 ± 0.76^a	>0.05
TOS	8.54 ± 0.54^{a}	17.52±0.39 b	7.51 ± 0.59^{a}	$12.30\pm0.56^{\circ}$	< 0.001
Kidney					
TAS	18.77 ± 1.33^a	$11.50\pm0.46^{b,c}$	$19.75 \pm 1.30^{a,d}$	$14.91 \pm 0.82^{a,c,d}$	< 0.001
TOS	$10.94{\pm}0.38^a$	20.89 ± 0.70^{b}	11.73±0.64a	11.73 ± 0.64^{a}	< 0.001

TAS: Total antioxidant status (nmol Trolox eq/mg protein). TOS: Total oxidant status (nmol H_2O_2 eq/mg protein). Dtx:Docetaxel. Ole: Oleuropein. ^{a, b, c, d} Different superscript letters in the same row indicates statistically significant difference (p< 0.05) with each other. Data expressed as mean \pm S.E.

Table 7: Results of histopathologic and immunohistochemical scores of liver in experimental groups.

Groups	Control	Dtx	Dtx+Ole	Ole	p value
		Histopatholo	gy scores		
Steatosis	0.12 ± 0.12^{a}	1.50 ± 0.19^{b}	0.37 ± 0.18^{a}	0.12 ± 0.12^{a}	< 0.001
Inflammation	0.00 ± 0.00^a	0.75 ± 0.16^{b}	$0.37{\pm}0.18^{a}$	$0.00{\pm}0.00^{a}$	< 0.001
Necrosis	0.00 ± 0.00^a	1.50 ± 0.26^{b}	0.75 ± 0.16^{c}	$0.00{\pm}0.00^{a}$	< 0.001
Fibrosis	$0.00{\pm}0.00^{a}$	0.62 ± 0.18^{b}	$0.25{\pm}0.16^{a}$	$0.00{\pm}0.00^{\mathrm{a}}$	< 0.001
	Imm	unohistochemical po	sitive cell percentag	ge	
Casp3	0.87 ± 0.39^{a}	23.00 ± 2.39^{b}	4.25 ± 1.52^{a}	$0.37{\pm}0.26^{a}$	< 0.001
Bax	2.12 ± 0.22^{a}	36.37 ± 1.70^{b}	$2.75{\pm}0.55^a$	0.62 ± 0.32^{a}	< 0.001
Bcl-2	$49.25{\pm}2.05^a$	10.62 ± 4.85^{b}	43.25 ± 1.44^a	51.62 ± 1.83^{a}	< 0.001

^{a,b,c} Different superscript letters in the same row indicates statistically significant difference (p< 0.001) with each other. Dtx: Docetaxel. Ole: Oleuropein. Casp3: Caspase-3. Bax: Bcl-2-associated X protein. Bcl-2: B-cell lymphoma gene-2. Results are presented as mean±S.E.

Table 8: Results of immunohistochemical scores of kidney tissues in experimental groups.

Gene		Groups			
	Control	Dtx	Ole	Dtx+Ole	
Casp3	1.00 ± 0.26^{a}	15.62 ± 0.94^{b}	0.25 ± 0.16^{a}	1.87 ± 0.35^{a}	< 0.001
Bax	1.62±0.32a	12.12 ± 0.51^{b}	0.25 ± 0.16^{a}	2.50 ± 0.26^{c}	< 0.001
Bcl-2	33.12 ± 1.00^{a}	3.75 ± 0.52^{b}	39.00±1.05°	21.50 ± 0.53^{d}	< 0.001

a,b,c,d Different superscript letters in the same row indicates statistically significant difference (p<0.001) with each other. Dtx: Docetaxel. Ole: Oleuropein. Casp3: Caspase-3. Bax: Bcl-2-associated X protein. Bcl-2: B-cell lymphoma gene-2. Data expressed as mean \pm S.E.

This suggests that no significant changes in enzyme expression or synthesis occurred by the end of the study period. The effectiveness of Ole in preventing Dtx-induced toxicity was examined for the first time, yielding important findings. However, the study only focused on changes in CYP3A1 levels and enzyme activity assessment through the pharmacokinetic profile of a known substrate of rat CYP3A enzymes was not performed. While we examined the expression of certain genes involved in apoptosis, the expression of genes in other apoptosis-related pathways (e.g., the PI3K-Akt-mTOR signaling pathway) was not investigated. These limitations should be considered in interpreting our study.

CONCLUSION

The study revealed that repeated doses of Dtx (5 mg/kg/week; i.p.) trigger oxidative stress in rat liver and kidney tissues, leading to histopathological damage. Ole (30 mg/kg/day; p.o.) effectively ameliorated Dtx-induced toxicity in these tissues. Our results demonstrate the protective efficacy of Ole against Dtx-induced toxicity, as evidenced molecular, biochemical by histopathological findings. This protective effect is attributed to its antioxidant activity. Ole, a non-toxic dietary component, holds potential as a protective agent against liver and kidney toxicity in cancer patients receiving Dtx. Therefore, further studies are essential to elucidate the mechanisms underlying this protective effect and to assess the potential clinical benefits of Ole in mitigating Dtx-induced toxicity.

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Data availability statement

The datasets generated and/or analyzed during the current study are available from the corresponding author on reasonable request.

Author's contributions

Metin Deniz KARAKOÇ designed the project and experimental groups. Metin Deniz KARAKOÇ, Özlem ÖZMEN, Münevver Nazlıcan ZENGİN, and Osman ÇİFTÇİ performed the experiments and collected the data. Metin Deniz KARAKOÇ, Özlem ÖZMEN and Osman ÇİFTÇİ carried out the statistical evaluation and visualized the data. Metin Deniz KARAKOÇ and Özlem ÖZMEN wrote the manuscript. All authors approved the final version of the manuscript and agree to be accountable for all aspects of the work.

Conflict of interest

All Authors declare no competing interests.

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