

# Phenotypic expression and prevalence of multi drug resistant extended spectrum beta-lactamase producing *Escherichia coli* and *Klebsiella pneumoniae* in Karachi, Pakistan

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**Abstract:** The aim of the present study was to evaluate the prevalence rate of ESBL producing Gram negative isolates of *E. coli*, *K. pneumoniae* and *P. mirabilis*, to determine the association of various factors with ESBL production and therapeutic options for the treatment. Total 352 isolates were subjected for identification of ESBL by double disc synergy test. Antimicrobial susceptibility was performed using CLSI guidelines and statistical association between ESBL/Non ESBL producers were determined by chi square at significant level of 0.05. A total of 96 isolates were ESBL positive (27%), females were 67% whereas males were 33%. *E. coli* was most prevalent pathogen (82%) followed by *Klebsiella pneumoniae* (17%). Furthermore 75% of ESBL associated infections were urinary tract infections. 95% of ESBL producing isolates were multidrug resistant and tazobactam/piperacillin combination and imipenem are good choices with 100% and 97% susceptibility respectively. *E. coli* (OR 2.83, 95% CI 1.585-5.072, RR 2.22, *p* 0.0004) and *K. pneumoniae* (OR 0.52, 95% CI 0.285-0.952, RR 0.609, *p* 0.032) were significantly associated with ESBL production. The spread of ESBL producing multidrug resistant *E. coli* and *K. pneumoniae* has increased and proper screening for ESBL identification is needed because of limited therapeutic antibiotic choices.

**Keywords:** ESBL, *Escherichia coli*, *Klebsiella pneumoniae*, double disc synergy test, multidrug resistance.

## INTRODUCTION

Infections associated with Gram negative bacteria producing Extended Spectrum Beta Lactamase (ESBL) is a major risk emerged all over the world for health care concerns. Treatment options for infections due to these multi-drug resistant ESBL producing organisms are therefore limited, and initial empirical therapy is often ineffective resulting in increased mortality (Anderson *et al.*, 2006; Schwaber & Carmeli, 2007; Tumbarello *et al.*, 2007).

Global epidemiological studies indicate the prevalence of multi-drug resistant (MDR) ESBL producing *Enterobacteriaceae* both in the community acquired and healthcare facility associated infection (Ma *et al.*, 2015) (Park *et al.*, 2012) (Raji *et al.*, 2015) (Wegner *et al.*, 2013). In *Enterobacteriaceae* *E. coli* and *Klebsiella* are dominant pathogens as ESBL producers (Fatemeh *et al.*, 2012; Jacoby & Munoz-Price 2005)

ESBL related community acquired infections increased because of *bla*<sub>CTX-M</sub> gene which originated from environmental bacteria and transferred to a plasmid which is highly transmissible, this link is related in circulation of ESBLs in the community (Pitout, Nordmann, Laupland, & Poirel, 2005). The CTX-M ESBLs in *E. coli* have been isolated from domestic animals, food products, sewage,

and stool samples from healthy individuals. *E. coli* has replaced *Klebsiella* species as the predominant species of ESBL-producing Enterobacteriaceae in the much of world (Carattoli *et al.*, 2005; Kojima *et al.*, 2005) In Pakistan, recent studies indicated increased prevalence of ESBL in *E. coli* (Ali *et al.*, 2016; Rahman *et al.*, 2016).

The objective of the present study was to evaluate the prevalence of ESBL production among Gram negative isolates of *E. coli*, *K. pneumoniae* and *P. mirabilis*, their susceptibility and resistance pattern and statistical association between ESBL and non-ESBL producing isolates.

## MATERIALS AND METHODS

### Sample collection

A total of 1005 clinical isolates of *E. coli*, *K. pneumoniae*, *P. aeruginosa* and *P. mirabilis* from various specimen (Urine, Pus, stool, Sputum, Throat swab, HVS, Ascitic Fluid, Cystic fluid, semen) collected over a period of one year from diagnostic laboratories. Antimicrobial susceptibilities were determined for initial screening of ESBL, double disc synergy test was performed for ESBL identification and ESBL associated risk factors were also calculated.

### Antimicrobial susceptibility test

For antimicrobial susceptibility test, disc diffusion method was used on Mueller Hinton Agar. The antibiotics

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tested were: Amikacin, Gentamicin, Tobramycin, Ampicillin, Amoxicillin/Clavulanic acid, Imipenem, Tazobactam/Piperacillin, Vancomycin, Cefuroxime, Cefixime, Cefotaxime, Ceftazidime, Ceftriaxone, Fosfomycin, Nalidixic Acid, Urixin, Ofloxacin, Enoxacin, Ciprofloxacin, Sparfloxacin, Doxycycline, and Trimethoprim/Sulphamethoxazole. Resistance and susceptibilities were determined by zones of inhibition recommended in guidelines provided by CLSI.

#### **Inclusion criteria for isolates**

Out of 1005 clinical isolates, 352 non-repeated were selected after initial screening of ESBL, for phenotypic confirmation test. Inclusion criteria for ESBL initial screening in study isolates were, determination of zones of inhibition by disc diffusion method including ceftazidime  $\leq 22$  mm, cefotaxime  $\leq 27$  mm and ceftriaxone  $\leq 25$  mm for *E. coli* and *K. pneumoniae*; for *P. mirabilis* ceftazidime  $\leq 22$  mm and cefotaxime  $\leq 27$  mm.

#### **Double disc synergy test for identification of ESBL**

The presence of ESBL was performed by using antibiotic discs of Cefotaxime (30 $\mu$ g), Ceftazidime (30 $\mu$ g) and Amoxicillin/Clavulanic acid (20/10 $\mu$ g). In the middle, amoxicillin/clavulanic acid were placed and the other two were placed 30mm apart from middle, and were incubated for 24 hours. Enhanced zone of inhibition of cephalosporin discs(s) towards amoxicillin/clavulanic acid indicated synergy with clavulanic acid and ESBL presence (Jarlier *et al.*, 1988). For positive and negative controls of ESBL producers, *Klebsiella pneumoniae* (ATCC 700603) and *Escherichia coli* (ATCC 25922) were used.

### **STATISTICAL ANALYSIS**

Pearson's Chi-Square test was used for various study factors for determination of association between ESBL and non-ESBL producers, p value  $< 0.05$  was considered as significant. The odds ratio (OR) with 95% confidence interval (CI) and relative risk (RR) were determined. Factors were age ( $< 50$  years), gender (female), microorganism (*E. coli* and *K. pneumoniae*) and specimen (UTI). ESBL associated antibiotic resistance for Amikacin, Imipenem, Fosfomycin, Cephalosporin and fluoroquinolones was also determined. Statistical analysis was performed using SPSS (version 20).

### **RESULTS**

#### **ESBL producing isolates and demographics**

Out of 352 isolates, 96 were ESBL positive (27.2%), 62 (67%) were from females and 32 (33%) from males. *E. coli* was the most prevalent microorganism, 79 were ESBL positive (82.29%), *K. pneumoniae* and *P. mirabilis* were 16 (17%) and 1 (1%), respectively. Statistical association of various factors were tested by Chi Square

test listed in table 4. Significant results were found with *E. coli* and *K. pneumoniae* related infections (OR 2.83, 95% CI 1.585-5.072, RR 2.22,  $p$  0.0004 and OR 0.52, 95% CI 0.285-0.952, RR 0.609,  $p$  0.032, respectively). Among total 96 ESBL producing isolates, 72 (75%) were isolated from urine specimen. table 1 depicts the distribution of ESBL producing microorganism from various specimen collected. Other factors such as gender, age and specimen were non-significant  $p > 0.05$  with ESBL production (table 4)

#### **Antimicrobial susceptibility**

All ESBL producing isolates were sensitive to TZP i.e., 100% susceptible and IMP, AK, FOS were 95.83%, 92.7% and 90.62%, respectively. Cephalosporin and fluoroquinolones were highly resistant antibiotic classes listed in table 3. In antibiotic resistance amoxicillin/clavulanic acid was significant with ESBL positive isolates (OR 0.45, 95% CI 0.2794 -0.726, RR 0.67,  $p$  0.001) while other antibiotics were non-significant (table 4).

#### **Multi drug resistance**

Microorganisms resistant to at least one antibiotic in three antibiotic classes considered as multi drug resistant (Magiorakos *et al.*, 2012) 95% were multidrug-resistant while only 5% were non-MDR i.e. having resistance against less than 3 antibiotic classes. In *E. coli*, *K. pneumoniae* and *P. mirabilis*, non-MDR were 2.53%, 12.5 and 100%, respectively and MDR were 97.46%, 87.5% and 0%, respectively.

### **DISCUSSION**

Increased resistance with production of extended spectrum  $\beta$ -lactamase (ESBL) enzyme in Gram negative bacteria of family *Enterobacteriaceae* with emerged multi drug resistance is a widespread issue for health care setups. WHO has reported antimicrobial resistance of ESBL producing *E. coli* to third generation cephalosporin and fluoroquinolones, *K. pneumoniae* to third generation cephalosporin and carbapenems as an international concern (WHO 2014). The objective of this study was to determine the prevalence of ESBL producing Gram negative clinical isolates including *E. coli*, *K. pneumoniae*, *P. aeruginosa* and *P. mirabilis*, their antimicrobial resistance and risk association with ESBL production.

In the present study, double disc synergy test was used, which determined 96 isolates from a total of 352 i.e., 27% of isolates were ESBL positive. The most prevalent pathogens associated with ESBL production was *E. coli* (n=79) followed by *K. pneumoniae* and *P. mirabilis* were 16 and 1, respectively. The study revealed an increased prevalence in females (n=64) i.e., 67% and 33% were in males (n=32), but it was found statistically not significant

**Table 1:** Specimen distribution of ESBL producing isolates

Specimen	No. of Isolates	%age	<i>Escherichia coli</i>	<i>Klebsiella pneumoniae</i>	<i>Proteus mirabilis</i>
Urine	72	75	63	9	-
Pus	9	9.375	8	1	-
Sputum	3	3.57143	-	3	-
Stool	4	4.16667	4	-	-
HVS	5	5.20833	3	2	-
Throat Swab	1	1.04167	-	-	1
Cystic Fluid	1	1.04167	1	-	-
Semen	1	1.04167	-	1	-

\*HVS: high vaginal swab

**Table 2:** Antimicrobial susceptibility profile of ESBL producing isolates (n=96)

Antibiotics used	Susceptible Isolates (%)	Resistant Isolates (%)
AK (Amikacin)	89 (93)	7 (7)
CN (Gentamicin)	62 (65)	34 (35)
NN (Tobramycin)	61 (64)	35 (36)
AML (Ampicillin)	3 (3)	93 (97)
AMC (Amoxicillin/Clavulanic acid)	56 (58)	40 (42)
IPM (Imipenem)	92 (96)	4 (4)
TZP (Tazobactam/Piperacillin)	96 (100)	0 (0)
V (Vancomycin)	15 (16)	81 (84)
CXM (Cefuroxime)	38 (40)	58 (60)
CFM (Cefixime)	36 (38)	60 (62)
CTX (Cefotaxime)	46 (48)	50 (52)
CRO (Ceftriaxone)	48 (50)	48 (50)
CAZ (Ceftazidime)	48(50)	48 (50)
FOS (Fosfomycin)	87 (91)	9 (9)
NA (Nalidixic Acid)	13 (14)	83 (86)
UR (Urxin)	12 (13)	84 (87)
OFL (Ofloxacin)	40 (42)	56 (58)
ENX (Enoxacin)	43 (45)	53 (55)
CIP (Ciprofloxacin)	39 (41)	57 (59)
SPX (Sparfloxacin)	43 (45)	53 (55)
DOX (Doxycycline)	2 (2)	94 (98)
SXT (Trimethoprim/Sulphamethoxazole)	31(32)	65 (68)

( $p=0.908$ ) for ESBL production (table 4). Previous studies found preponderance in females (Kiratisin *et al.*, 2008) and female gender was not at risk with ( $p=0.089$ ) and statistically insignificant (Kateregga *et al.*, 2015). A total of 72 isolates were recovered from Urine and 75% of infections associated with urinary tract infections, a preponderance was found in ESBL associated UTI but was statistically non-significant (table 4). Increased prevalence of ESBL positive UTI has also been reported earlier (Kateregga *et al.*, 2015)

Among *E. coli* isolated, 82% were found ESBL positive and a significant relation ( $p=0.0004$ ) was found with more than two times risk in *E. coli* for the production of ESBL (table 4). In a previous study from Pakistan, high prevalence of ESBL in *E. coli* isolated has been reported with 48% patients between 50-60 years of age (Shah *et*

*al.*, 2002) Another study reported 41% of ESBL positive *E. coli* (Jabeen *et al.*, 2005). A high prevalence of ESBL positive *E. coli* associated UTI was detected in females i.e. 70.3% ( $n=45$ ) (fig. 2), however the difference was not statistically significant. Ali and coworkers have reported high prevalence of UPEC in females with 40% being ESBL positive (Ali *et al.*, 2016). Out of 96 ESBL positive isolates 17% were *K pneumoniae* with a less prevalence rate in our region, previous studies indicated more prevalent ESBL-producing *K pneumoniae* and the percentages were 44.3% (Shaikh *et al.*, 2015) and 72.7% (Kateregga *et al.*, 2015). *K. pneumoniae* was also significantly associated with the ESBL production ( $p=0.032$ ), Kateregga and co-workers reported statistical insignificant results in *E coli* and *K pneumoniae* in Uganda.

**Table 3:** MDR and Non MDR Distribution of the isolates

Microorganism	Non MDR (%)	MDR (%)
<i>E Coli</i> (n=79)	2 (2.53)	77 (97.46)
<i>Klebsiella</i> (n=16)	2 (12.5)	14 (87.5)
<i>Proteus</i> (n=1)	1 (100)	0
Total (n=96)	5 (5.20)	91 (94.79)

**Table 4:** Association between ESBL production in UTI, Gender, age, *E coli*, *K pneumoniae* and antimicrobial resistance

Factors	Non ESBL n=256 (%)	ESBL n=96 (%)	Odds ratio (CI 95 %)	p value	RR
UTI	180 (70)	72 (75)	1.26 (0.720 -2.240)	0.754	1.06
Female	169 (66)	64 (67)	1.03 (0.626 -1.692)	0.908	1.02
<50 yrs	139 (54)	56 (58)	1.17 (0.733 -1.894)	0.496	1.12
<i>E coli</i>	159 (62)	79 (82)	2.83 (1.585 - 5.072)	0.0004*	2.22
<i>K pneumoniae</i>	71 (28)	16 (17)	0.52 (0.285 - 0.952)	0.032*	0.609
Antibiotics resistance					
AK	18 (7)	7 (7)	1.04 (0.42- 2.574)	0.9325	1.03
IMP	20 (8)	4 (4)	0.51 (0.171- 1.512)	0.2345	0.53
FOS	35 (13)	9 (9)	0.65 (0.301- 1.416)	0.2805	0.68
CTX	143(56)	50 (52)	0.85 (0.536-1.3747)	0.526	0.93
CRO	139(54)	48 (50)	0.84 (0.5263-1.3462)	0.471	0.92
OFL	160(62)	56 (58)	1.19 (0.7380-1.9204)	0.478	0.93
CIP	95 (37)	39 (40)	1.15 (0.717-1.8735)	0.5453	1.09
AMC	157 (61)	40 (41)	0.45 (0.2794-0.726)	0.0011*	0.67

CI= Confidence Interval

RR=Relative Risk \*P&lt;0.05= Significant value

Fluoroquinolones and cephalosporin are highly prescribed antibiotic classes. An increased rate of resistance against third generation cephalosporin and fluoroquinolones was found in our study (table 2). Previous studies have also reported high fluoroquinolone resistance against community acquired or healthcare associated urinary tract and intra-abdominal infections, exceeding 50% in some regions of the world, mostly in Asia (Dalhoff 2012). Resistance to ciprofloxacin has also increased in last 10 years (Guyomard-Rabenirina *et al.*, 2016). In Karachi, Pakistan, in last 20 years fluoroquinolones resistance has increased gradually. It was 14% in 1997 (Sturm *et al.*, 1997) and raised up to 35% in 2004 (Gul *et al.*, 2004). (Ali *et al.*, 2016) reported 60% resistance in ESBL associated *E. coli* with Ciprofloxacin and extended spectrum cephalosporin, which is similar to the results of our study in terms of resistance i.e. 59% and 50-62% resistance to ciprofloxacin and cephalosporin, respectively, in ESBL producers. ESBL producing Gram negative isolates were found 100% and 96% susceptible to Piperacillin/Tazobactam and Imipenem, respectively. Hence, both are good choices for treatment of infections associated with ESBL production previously reported (Falagas and Karageorgopoulos, 2009; Gavin *et al.*, 2006; Shaikh *et al.*, 2015).

On the basis of antimicrobial susceptibility profiles, 95% of isolates were multi drug resistant. Increased rates of

multi drug resistance in *E. coli* (97.46%) and *K. pneumoniae* (87.5%) were found, even higher percentages than previously reported i.e. 70.6% in *E. coli* (Azap *et al.*, 2010). Amoxicillin/clavulanic acid is a  $\beta$ -lactamase antibiotic and a good choice against ESBL associated urinary tract infections in case of fluoroquinolones resistance (Paterson and Bonomo 2005). (Rodríguez-Baño *et al.*, 2008) reported 29% resistance of Amoxicillin/Clavulanic acid in ESBL producers while in the present study 42% resistance has been recorded and a significant relationship was revealed ( $p=0.001$ ) between amoxicillin/clavulanic acid resistance and ESBL production, thus not recommended for treatment of quinolones resistant ESBL associated urinary tract infection isolates in our region.

## CONCLUSION

The widespread of multi drug resistant ESBL-producing *E coli* and *K pneumoniae* has increased in Karachi, Pakistan. Our study suggested tazobactam/piperacillin and Imipenem as treatment choices. To improve therapeutic outcomes and decreased mortality rate clinical laboratories need proper screening of ESBL positive isolates in their culture reports. The use of third generation Cephalosporin and fluoroquinolones must be restricted and must only be used in the light of susceptibility patterns.

## ACKNOWLEDGMENT

Department of Pharmaceutics, Faculty of Pharmacy, University of Karachi for research facility and Dr. Essa Laboratories, Microbiology department for the collection of clinical isolates.

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