Hepatoprotective effect of ketoconazole in chronic liver injury model

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Abstract: Ketoconazole is a first orally available anti-fungal drug which has been reported as a potent inhibitor of human cytochrome P-450. The present study was designed to examine the heptoprotective effect of ketoconazole in both *in vitro* and *in vivo* liver injury models. Hepatocyte injury was induced by 8mM CCl₄ while hepatic fibrosis model was established by injecting 1 ml/kg CCl₄ followed by treatment with ketoconazole. Effect of ketoconazole treatment on injured hepatocytes was determined by lactate dehydrogenase release and trypan blue assay. Analysis of ketoconazole treatment and prevention on liver fibrosis was assessed by sirius red staining, masson trichome staining, PCR and liver function tests for bilirubin and alanine transaminase (ALAT).A significant reduction (P<0.05) in LDH release and reduced number of dead cells was observed in hepatocytes treated with ketoconazole. Sirus red and masson trichome stainings showed reduced levels of collagen in both treated and preventive groups and down regulation of alpha smooth muscle actin was observed with up-regulations of MMP-2, CK-8 and CK-18. Hepatic functional assessment demonstrated reduced serum levels of bilirubin and ALAT. Treatment of fibrotic liver with ketoconazole improves hepatic microenvironment and enhanced reduction of liver fibrosis. Cytochrome P-450 inhibitors seems a favored therapeutic option in attenuation of liver fibrosis.

Keywords: Ketoconazole, cytochrome P-450, liver fibrosis, hepatic stellate cells (HSCs).

INTRODUCTION

Liver fibrosis is the pathophysiologic process due to chronic liver injury, recognized by the accumulation of extra cellular matrix (Paik *et al.*, 2014). Chronic liver damage may be due to chronic infection with Hepatitis B virus (HBV) and Hepatitis C virus (HCV) both are well recognized causes of liver fibrosis worldwide (Perz *et al.*, 2006). More than 240million and 150million people die due to HBV and HCV, respectively (WHO, APIRL 2014). Alcoholic and non-alcoholic steatohepatitis is the leading cause of liver fibrosis and heptocellular carcinoma (Brunt, 2004). Chronic liver injury may be due to drug induced, metabolic, autoimmune disorders and carcinogens leads to progressive accumulation of extra cellular matrix proteins (ECM). Cirrhosis is categorized as end stage of liver fibrosis (Pinzani *et al.*, 2010).

The main role of cells in liver fibrosis includes hepatic stellate cells (HSCs) and kupffer cells to exert or induce intracellular and extra cellular levels of oxidants (Poli, 2000). In chronic liver injury when HSCs activate and release droplets of vitamin A also change their morphology and come in contact with the injury site and express mesenchymal markers e.g; α-SMA, collagen α1 fibronectin. Then thev differentiate myofibroblasts and produce excessive extra cellular matrix (ECM) (Shirakami et al., 2012). Kupffer cells play an important role in initiation of stellate cell activation and can enhance matrix synthesis, cell proliferation and loss of vitamin A from HSCs through reactive oxygen

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species (oxidative stress) and cytokines (Gressner, 1995). Ketoconazole is first clinically oral administered anti fungal drug. It is different from triazoles on the basis of greater specificity to inhibit human cytochrome P-450 than fungal cytochrome P-450 (Trevor et al., 2009). However, pharmacological actions, includes therapy for prostate cancer (Trachtenberg et al., 1984), induce gynecomastia (Deepinder et al., 2012), inhibits testicular and adrenal androgen synthesis (Pont et al., 1982), inhibits 11β-hydroxylation, CYP17 and cholesterol side chain (Ryan et al., 2007; Santen et al., 1983), hormonerefractory prostate cancer treatment (Trump et al., 1989), down regulates cytokines induced and polycylic aromatic hydrocarbons induced oxidative stress (Tsuji et al., 2012), inhibition of the metabolism of all-trans-retinoic acid (RA) (Van Wauwe et al., 1990), anti-inflammatory effect (Cutsem et al., 1991), treatment of inflammatory skin disorders (Hegemann et al., 1993).

The aim of the present study was to analyze ketoconazole therapeutic potential in preventing chronic liver disease by reducing the inflammatory response and fibrosis. We demonstrate that ketoconazole can enhance hepatic repair, reduce liver fibrosis and improve liver function in vitro and *in vivo*.

MATERIALS AND METHODS

Materials

Ketoconazole was gifted from Mass Pharma (Pvt.), Limited, Lahore, Pakistan and other chemicals were purchased from Sigma Aldrich, USA.

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Animals

The research conforms to the *Guide for the care and Use of Laboratory Animals* by the US National institutes of Health (NIH publication No.85-23, revised 1985). All animals were treated according to the procedures approved by the Institutional Review Board (IRB) at the National Center of Excellence in Molecular Biology, Lahore, Pakistan.

Hepatocyte isolation

Hepatocytes were isolated from C57BL/6 mice (n=3) according to the two step perfusion method as described previously (Okubo *et al.*, 2002). Isolated hepatocytes were plated at a concentration of 1x10⁴ cells/cm² in collagen coated plates (Becton Dickinson, USA) in RPMI 1640 medium (Sigma Aldrich, USA) supplemented with 100ug/ml streptomycin (MP Biomedicals, USA), 100units/ml penicillin (MP Biomedicals, USA) and 10% fetal bovine serum (Sigma Aldrich, USA) in a humidified incubator at 5% CO₂ and 37°C temperature. Medium was replaced after 24hrs followed by various treatments.

In vitro liver injury model & ketoconazole treatment

Hepatocytes were seeded on a 6-well collagen coated plate (Becton Dickinson, USA) at a concentration of 1×10^4 cells/cm² and were subjected to injury with 8mM Carbon tetrachloride (CCl₄, Merck, Germany) dissolved in DMSO (Merck, Germany) (Liu *et al.*, 2015).

Hepatocyctes were divided into 6 groups as, non-treated, CCl₄ control, Ketoconazole control, CCl₄+Ketoconazole, Ketoconazole for 30min then CCl₄ (Pretreatment), CCl₄ for 30min then Ketoconaozole (Post treatment). Coculture lasted for 4 hours and hepatocytes were harvested for trypan blue assay and lactate dehydrogenase (LDH) cytotoxicity tests (Liu *et al.*, 2015; Zeng *et al.*, 2002).

LDH assay

Cytotoxicity was analyzed through lactate dehydrogenase assay according to manufacturer's protocol (Sigma Aldrich, USA). Assay was run in triplicate for each experimental group and absorbance was measured at 490nm (Cai *et al.*, 2005).

Trypan blue assay

Trypan blue exclusion method was used to check the cell viability after treating cultured cells in 6-well plates for 4 hours. The medium was transferred from the culture plate to the eppendrrof, cells were washed with Phosphate buffer saline (PBS) and then trypan blue solution (Sigma Aldrich, USA) was added. The plates were incubated at 37°C for 8-10 minutes. Cells were again washed with PBS and analyzed under phase contrast microscope (Foresti *et al.*, 2001). Six high power fields of each well were selected. Total number of cells was counted. The number of trypan blue positive cells was divided by total number of cells examined and then multiplied by 100 for calculating dead cells in each well.

In vivo liver fibrosis model & ketoconazole treatment

Male C57BL/6 mice aged 6-8 weeks and weighing 22-25 g were used in experiments. All animals were housed in cages under controlled conditions of temperature (23±3°C) and relative humidity (50%±20%), with light illumination for 12h/day. The animals were allowed access to water and food. To induce liver fibrosis, CCl₄ (1 μl/g) was administered twice a week to animals as described (Mohsin *et al.*, 2011). After 4 weeks of CCl₄, 50mg/kg ketoconazole was dissolved in tween 20 (100 μl) and saline water (300μl) and administered orally thrice a week for 6 weeks. Mice were randomly divided (n=10) into vehicle, CCl₄ control, Ketoconazole, tween 20 groups.

Ketoconazole preventive treatement groups

As described above in liver fibrosis model that liver fibrosis was induced by CCl_4 ($1\mu l/g$) was administered twice a week to animals for four weeks. Likewise, ketoconazole, was administered 2 hours before the administration of CCl_4 for four weeks. Mice were randomly divided (n=10) into vehicle, CCl_4 control, Ketoconazole+ CCl_4 , tween $20+CCl_4$ groups.

Measurement of liver fibrosis

Fixed liver tissues were embedded in paraffin and sections were cut from different lobes of the liver. 5μm thick sections of all experimental groups were stained with sirius red 31 to estimate the liver fibrosis. Images of the fibrotic area from 3 sections per animal and 3 animals per group were taken by an Olympus BX-61 microscope equipped with Digital Camera DP-70 (Olympus, Japan). Total area of each image was measured and the percentage of fibrotic area was calculated by using Image J software (http://imagej.nih.gov/ij/) (Mohsin *et al.*, 2011).

Blood biochemistry

Blood samples were taken from all experimental groups at 3 weeks and at 6 weeks for fibrosis treatment groups. Preventive groups animals were sacrificed after 4 weeks in each group and blood samples were taken. Serum was isolated and the amount of bilirubin (Diazyme Europe, Gmbh) and alanine transaminase (ALAT) (Bioassay System, USA) was estimated using commercial kits according to the manufacturer's protocol.

Gene expression

Total RNA was extracted from liver tissues of all experimental groups by using TRIZOL kit (Invitrogen, USA). cDNA synthesis was carried out from $1\mu g$ of RNA samples using M-MLV reverse transcriptase kit (Invitrogen, USA). For analysis of gene expression in treated and injured groups, PCR was carried out for the expression of αSMA , CK18, CK8 and MMP2. Primer Sequences are given in table 1.

STATISTICAL ANALYSIS

Analysis for percentage of fibrosis area, bilirubin and ALAT between different treatment groups vs control was performed by one-way ANOVA with bonferroni post-hoc test. p-value of less than 0.05 was considered statistically significant.

RESULTS

Effect of ketoconazole on CCl4 induced cell death

As a preliminary step in this work, we examined which concentration of CCl₄ is optimum for primary cultured hepatocytes to produce an in vitro liver injury model. Comparison of different concentrations showed that a dose of 8mM CCl₄ exposure for four hours gave an ideal in vitro liver injury model. Cells treated with both CCl₄ and ketoconazole together (Ketoconazole+CCl₄ group) showed a significant reduction in cell death (17.2±5.31%) compared to CCl₄ control group (52.9±11.3%). Cells pretreated and post treated with ketoconazole also showed significant reduction in cell death (36.3±11.9% and 32.3±8.55% respectively) upon exposure to CCl₄ as determined by trypan blue staining (fig. 1A-B). LDH assay further confirmed reduction in cell injury as a significant reduction in LDH release was shown in Ketoconazole+CCl₄ (16±2%), pretreatment (20±2%) and post treatment (19±2%) groups as compared to CCl₄ control $(26 \pm 2\%)$ (fig. 1C).

Ketoconazole reduced CCl₄ induced liver fibrosis

Ketoconazole treatment resulted in significant reduction of liver fibrosis measured by sirius red and masson trichome staining. In ketoconzole treatment experiment, quantification of fibrotic area measured by image J software showed marked increase in percentage of fibrotic area after CCl₄ administration (8.53±3.25%) that was reduced significantly after 6 weeks of ketoconazole treatment (3.21±2.25%) compared to other treatment and control groups (fig. 2A). In ketoconazole preventive group, Fibrotic area (%) was reduced significantly CCl₄+ Ketoconazole group (3.28±.87%) as compared other controls (CC₄ control=8.53±3.25%, CCl₄+Tween=7.71±2.93%) groups (fig. 2B).

Ketoconazole improved liver functions of CCl₄ induced liver fibrosis model

Biochemical functions to further evaluate the role of ketoconazole on augmentation of liver functions; serum levels of alanine transaminase (ALAT) and bilirubin were analyzed in all experimental groups. Serum levels of ALAT were significantly lower in mice receiving ketoconazole treatment for 6 weeks (87±10IU/L) as compared to CCl₄ control group (377±15IU/L) and tween20 for 6 weeks (332±10IU/L) groups (fig. 3A). Similarly, bilirubin level in ketoconazole treatment for 6 weeks (0.7±0.1mg/dl) was significantly lower than

tween20 (2.1 \pm 0.5mg/dl) and CCl₄ control (2.15 \pm 1mg/dl) groups (fig. 3C). Collectively, these results indicate that treatment with ketoconazole for 6 weeks results in higher recovery of hepatic functions. In preventive group, serum levels of ALAT were significantly lower in mice receiving CCl₄+ketoconazole (157 \pm 5IU/L) as compared to CCl₄ control (377 \pm 15IU/L) and tween20+CCl₄ (325 \pm 20IU/L) groups (fig. 3-B). Similarly, Bilirubin level in CCl₄+ketoconazole group (0.9 \pm 0.1mg/dl) was significantly lower than tween20+CCl₄ (1.2 \pm 0.2mg/dl) and CCl₄ control (1.8 \pm 0.2mg/dl) groups (fig. 3-D). Collectively, these results indicate that ketoconazole can prevent and treat liver from injury and ultimately fibrosis.

In vivo gene expression profiling

Gene expression profiling was conducted in experimental groups receiving ketoconazole treatment and preventive group. HSCs are considered to be the main source of ECM-production in the liver (Hernandez-Gea & Friedman, 2011) and express α-SMA. We observed an increase in mRNA levels of α-SMA after treatment with CCl₄. Ketoconazole treatment resulted in decrease α-SMA expression which is significantly lower than other experimental groups. Similar pattern was observed in preventive groups in which ketoconazole administered 2hours before CCl₄ to animals. An increased level was observed in mRNA levels of MMP-2, which is a contributing factor in remodeling of liver fibrosis, in ketoconazole treated groups. Increased expression of hepatic markers CK-8 and CK-18 were also observed in ketoconazole treatment groups and in preventive groups, depicting the improvement of liver structure and functions (fig. 4).

DISCUSSION

Worldwide major cause of morbidity and mortality associated with liver diseases is liver fibrosis which may be due to chronic liver injury such as chronic viral hepatitis and from fatty liver disease. Hepatic stellate cells upon activation play a critical role in liver fibrosis because upon injury, they are the main source of production of extracellular matrix. Advancement in culturing and animal models has increased our knowledge of the mechanism behind hepatic stellate cell activation on the basis of genetic regulations, role of immune signaling and the reversal of the disease. Different pathways of fibrogenesis are discovered, now the challenge will be to develop antifibrotic therapies for chronic liver disease patients (Hernandez-Gea *et al.*, 2011).

In vitro model of heptocytes injury induced by carbon tetrachloride was established to study heptoprotective effect of cytochrome P-450 inhibitors (ketoconazole). It is recently believed that carbon tetrachloride is metabolized by the cytochrome P-450 in the liver to produce

 Table 1: Primer sequences

Genes	Sequence	Product size	Temperature (⁰ C)
αSMA (F)	ATAACCCTTCAGCGTTCAGCC	704	58
αSMA (R)	ACGAAGGAATAGCCACGCTC		
MMP2(F)	TCAACGGTCGGGAATACAGC	875	58
MMP2(R)	CTGTGGGGCCTCATACACAG		
CK18 (F)	AAGACCTGAACGATCGCCTG	959	57
CK18 (R)	TTGCATGGAGTTGCTGGAGT		
CK 8 (F)	GCTCTCGAACCTCCGTCTTC	871	57
CK 8 (R)	CTCGTACTGGGCACGAACTT		

trichloromethyl radicals and then these radicals react with oxygen to form trichloromethyl peroxyl radicals, which causes cell damage by covalently binding to cellular macro-molecules and lipid peroxidation (Koneri *et al.*, 2008).

To measure the injury by CCl₄ cell viability was assessed by trypan blue uptake and LDH release. Results obtained from current study showed that heptocytes treated with CCl₄ 8mM highly significantly raised the level of LDH as also reported by Yin et al. (2011) while in this study combine treatment of ketoconazole with CCl₄ significantly decreased the level of LDH release while and post-treatment with preketoconazole significantly reduce LDH release while trypan blue assay showed highly significant decreased percentage of dead cell as compared to CCl₄ however pre- and posttreatment showed significant and bit significant decreased percentage of dead cells respectively (fig. 1). Dresser et al. (2000) also reported that ketoconaozle inhibit cytochrome P-450 enzyme system and as studied by Wiseman et al. (1991) anti oxidant effect of ketoconazole which was stronger than other azoles miconazole and clotrimazole

Ketoconazole showed its activity by inhibiting the activation of nuclear receptors, constitutive androstene receptor and human pregnenolone X receptor that are involved in regulation of *MDR-1* and *CYP3A4*. They suggest that ketoconazole can be used as antagonist of nuclear receptors which may improve drug effect and tolerance and lead to novel strategies (Huang *et al.*, 2007) these nuclear receptor are important in bio transformation of drugs and xenobiotics which is proven in our study that ketoconazole inhibit the metabolism of CCl₄ and prevent heptocytes from injury.

screening anti-inflammatory Drug for and hepatoprotective effect, showing hepatic pathology similar to that of human is CCl₄ induced hepatic injury (Tsukamoto et al., 1990). CCl₄ induced liver injury exerts effects on NK cells, T cells, macrophages, phagocytes and lymphatic organs besides increasing cvtokines inflammatory (Delaney et al., 1994). The present study used this model to analyze ketoconazole therapeutic

potential in preventing chronic liver disease by reducing the inflammatory response and fibrosis. Sirius red staining (fig. 2) showed reduced collagen level in treated group as well as masson trichome staining (fig. 3) also showed reduced level of collagen as compared to CCl₄ control. Serum bilirubin and ALAT level were also observed and showed significant reduction in serum bilirubin and ALAT level in ketoconazole+CCl₄ (Fig. 4). Same model was used by Rocha *et al.* (2014) to study the therapeutic potential of Diethylcarbamazine in mice model.

Ketoconazole 1µM synergize the apoptotic effects of nocodazole in COLO 205 cancer cells and also demonstrated the therapeutic effect of combination therapy of ketoconaole and nocodazole in mouse model. In mouse model, athymic mice were treated with both drugs bearing COLO 205 tumor xenografts. After six weeks treatment with both drugs, Ketocoanzole (50mg/kg) potentiate the anti tumor effect of nocodazole. There is no gross toxicity observed in mouse model. So the apoptotic effects of ketoconazole make it very attractive and contributing agent for cancer treatment in future (Wang et al., 2002). In current study same concentration of ketoconazole was used in heptocytes, highly significant decreased percentage LDH release and percentage dead cells were observed and mice model with liver fibrosis was treated for six weeks with ketoconazole 50mg/kg reduced or reverse liver fibrosis significantly as compared to control. Hepatic stellate cells were the major cause of extra cellular matrix in liver fibrosis (Hernandez-Gea & Friedman, 2011) in current study treatment of mice with ketocoanzole can reduce liver fibrosis and prevent liver from further advance stages of liver fibrosis through its apoptotic effect. Ketoconazole also inhibit the metabolism of retinoid and increase the level of endogenous retinoid concentration (Ahmad, 2011) as in liver fibrosis there is increase metabolism and loss of retinoic acid which causes activation of hepatic stellate cells to matrix producing cells (Senoo et al., 2010). In current study ketoconazole may increase the level of endogenous RA and prevent further activation of hepatic stellate cells and reduce liver fibrosisIn present study ketoconazole may increase the level of endogenous RA and prevent further activation of hepatic stellate cells and reduce liver fibrosis.

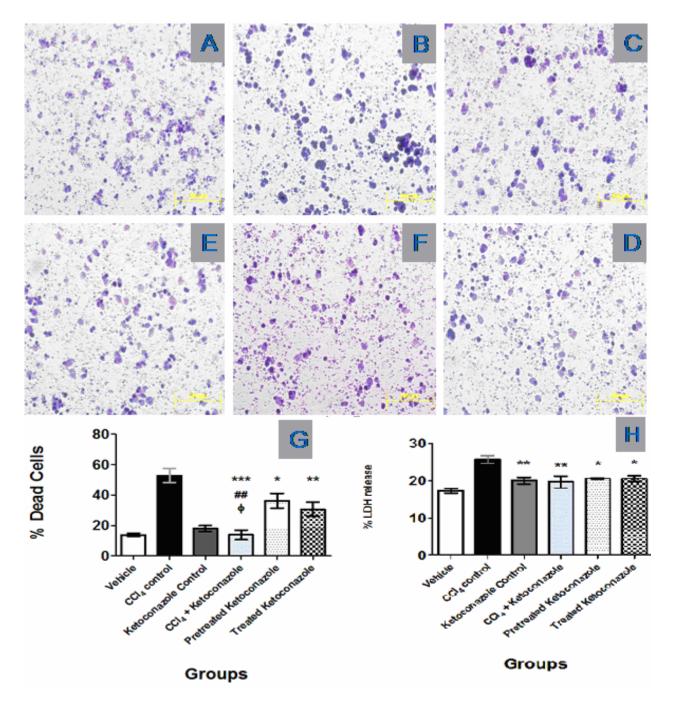


Fig. 1: Enhanced hepatocyte survival in different groups of Ketoconazole

A) Vehicle control B) CCl₄ control C)Ketoconazole control D) Ketoconazole+ CCl₄ E)Pretreated ketoconazole E) Treated ketoconazole G) Quantitative analysis of dead cells (%)in different experimental groups. One way ANOVA was applied to check the significance of the data. All values are expressed as mean \pm SEM. p-value<0.05 was considered significant. ***p<0.001 for. CCl₄+ketoconazole Vs CCl₄, **p<0.01 for CCl₄+ketoconazoleVs pretreated ketoconazole; *p<0.05 for pretreated ketoconazole Vs CCl₄, **p<0.01 for treated ketoconazole Vs CCl₄, DLDH (%) release levels in control and treatment groups. **p<0.01 for CCl₄+ketoconazole Vs CCl₄, *p<0.05 for pretreated ketoconazole Vs CCl₄, *p<0.05 for pretreated ketoconazole Vs CCl₄, *p<0.01 for CCl₄+ketoconazole Vs CCl₄, *p<0.05 for pretreated ketoconazole Vs CCl₄, *p<0.01 for treated ketoconazole Vs CCl₄, *p<0.02 for pretreated ketoconazole Vs CCl₄, *p<0.03 for pretreated ketoconaz

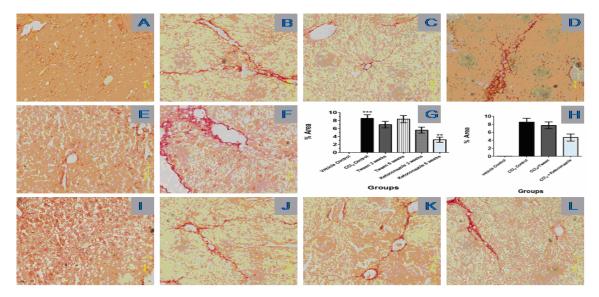


Fig. 2: Representative micrograph of hepatic tissue stained with sirius red showing collagen deposition in various treatment and preventive groups (A=Vehicle, B=CCl₄, C=Ketoconazole 3 weeks, D =Tween20 3 weeks, E =Ketoconazole 6 weeks, F=Tween20 6 weeks). G) Quantitative analysis of fibrosis in different treatment groups. One way ANOVA was applied to check the significance of the data. All values are expressed as mean ± SEM. p-value<0.05 was considered significant. **p<0.01 for Ketoconazole 6 weeks vs. CCl₄ control H) Quantitative analysis of fibrosis in different preventive groups. One way ANOVA was applied to check the significance of the data. All values are expressed as mean ± SEM. p-value<0.05 was considered significant I) Vehicle J) CCl₄, K) CCl₄+tween20, L) CCl₄+ketoconazole

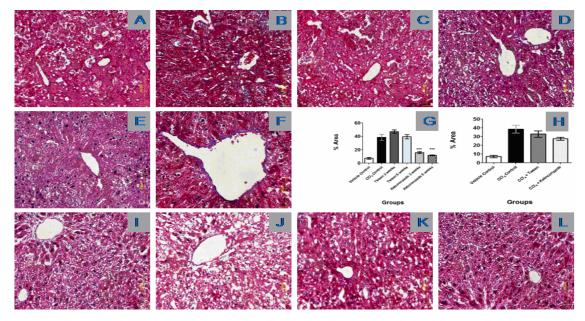


Fig. 3: Representative micrograph of hepatic tissue stained with masson trichome showing collagen deposition in various treatment and preventive groups (A=Vehicle, B=CCl₄, C=Ketoconazole 3 weeks, D=Tween20 3 weeks, E=Ketoconazole 6 weeks, F=Tween20 6 weeks). G) Quantitative analysis of fibrosis in different treatment groups. One way ANOVA was applied to check the significance of the data. All values are expressed as mean ± SEM. p-value<0.05 was considered significant. ***p<0.001 for Ketoconazole 3 weeks vs. CCl₄ control, ***p<0.001 for Ketoconazole 6 weeks vs. CCl₄ control H) Quantitative analysis of fibrosis in different preventive groups. One way ANOVA was applied to check the significance of the data. All values are expressed as mean ± SEM. p-value<0.05 was considered significant I) Vehicle J) CCl₄, K) CCl₄+tween20, L) CCl₄+ketoconazole

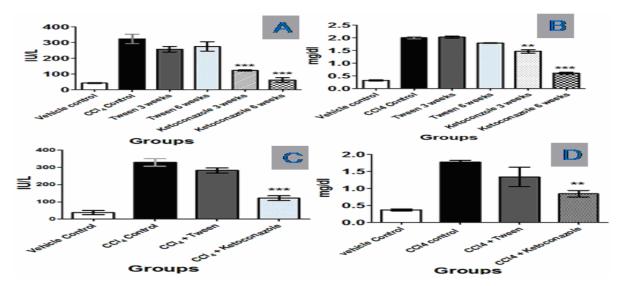


Fig. 4: Liver function tests. Treatment groups A) Alanine transaminase in serum of all animals groups, ***p<0.001 for Ketoconazole 3 weeks vs. CCl₄ control, ***p<0.001 for Ketoconazole 6 weeks vs. CCl₄ control B) Bilirubin serum levels in all animal groups (n= 10/group), **p<0.01 for Ketoconazole 3 weeks vs. CCl₄ control, ***p<0.001 for Ketoconazole 6 weeks vs. CCl₄ control. Preventive groups C) Alanine transaminase in serum of all animals groups, ***p<0.001 for CCl4+ketoconazole vs CCl₄ control D) Bilirubin serum levels in all animal groups (n= 10/group), **p<0.01 for CCl4+ketoconazole vs CCl₄ control

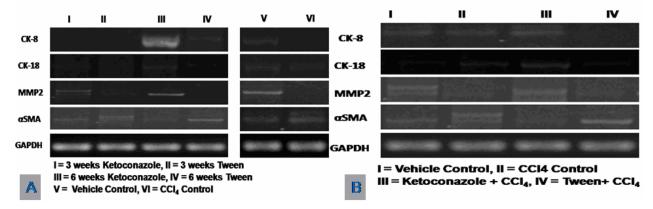


Fig. 5: A) In vivo PCR of treatment group B) In vivo PCR of preventive group

Carpino *et al.* (2005) concluded that for *in vivo* studies alpha smooth muscle actin expression is most consistent marker for HSCs activation and it is reliable to diagnosis of early stages of liver fibrosis and helpful in monitoring the efficiency of anti fibrotic drugs.

Our results showed increased expression of mRNA of alpha smooth muscle actin in CCl₄ induced liver fibrosis model (fig. 5) and in CCl₄ control of preventive group (fig. 5) while treatment with ketoconazole for 6 weeks reduced the expression (fig. 5) and also reduced in preventive group. In addition, MMP-2 stimulation and increased expression causes apoptosis of activated HSCs and increased resolution of liver fibrosis (Preaux *et al.*, 2002; Radbill *et al.*, 2011). Our results showed increased expression of MMP-2 in treated and prevented groups as compared to CCl₄ control group. Radbill *et al.* (2011)

investigated that increase expression of MMP-2 have anti fibrotic effects and supported by many other in vivo studies. While, hepatic markers CK-8, CK-18 in present study showed increased expression in treated groups as compared to CCl₄ control groups.

Chronic accumulation of kupffer cells, HSCs activation and collagen deposition is related to chronic inflammation and liver fibrosis (Iredale, 2007; Jarcuska *et al.*, 2010; Marra, 2002). The present study showed that there was highly significant increase in ECM deposition in CCl₄ control group. It has been believed that liver fibrosis is mainly the result of abnormality in homeostasis of the collagen including synthesis, deposition and degeneration. In liver fibrosis, HSCs activation characteristically has the ability to remodel ECM through the production of ECM proteins (Domitrović *et al.*, 2010; Ghazwani *et al.*, 2014).

After ketoconazole treatment, a significant decrease in collagen was assessed by masson trichome staining (fig. 3) and sirius red staining (fig. 2) with significant decrease in serum bilirubin and ALAT level (fig. 4). Therefore present study suggests that ketoconazole has an anti-fibrotic effect.

CONCLUSION

We have demonstrated that ketoconazole treatment can significantly reduce liver fibrosis. Ketoconazole induces apoptosis of activated HSCs which are considered as critical mediators of liver fibrosis. Activation of HSCs in the injured liver transforms these vitamin A storing cells into fibroblasts. Ketoconazole have also preventive effect on CCl₄ induced liver fibrosis. We have also demonstrated that ketoconazole treatment significantly increased cell viability in CCl₄ induced heptocytes injury *in vitro*. Therefore, we report here a new treatment strategy to treat liver fibrosis by using cytochrome P-450 inhibitor.

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