

IN VITRO AVAILABILITY OF GLICLAZIDE IN PRESENCE OF ANTACIDS

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ABSTRACT

Gliclazide is the most commonly used sulfonylurea derivative for NIDDM therapy. Due to its prolonged therapy, there is always a likelihood of its use with other drugs. On the other hand antacids are commonly prescribed to encounter gastric acidity etc. Present paper deals with the *in vitro* availability studies of gliclazide in presence of antacids. These studies were carried out in simulated gastric juice and in buffer of pH 7.4 at body and accelerated temperature. The antacids used in these studies were aluminum hydroxide, aluminum trisilicate, magnesium oxide, magnesium trisilicate, sodium bicarbonate, calcium carbonate, magaldrate and simethicone (2,4-dimethoxypoly-siloxane). It has been found that in case of magnesium oxide, magnesium trisilicate and sodium bicarbonate, availability of gliclazide was enhanced while in rest of the antacids retarded the availability of gliclazide.

INTRODUCTION

Gliclazide is N-[[[hexahydrocyclopenta[c]pyrrol-2(1H)-yl]amino]-carbonyl]-4-methyl benzene sulfonamide, or 1- (hexahydrocyclopenta[c] pyrrol-2-(1H)-yl)-3-(p-tolylsulfonyl) urea or N-(4-methylbenzene sulfonyl) -N'-(3-azabicyclo [3.3.0] oct-3-yl) urea or 1-(3-azabicyclo[3.3.0] oct-3-yl) -3-p-tolylsulfonyl urea $C_{15}H_{21}N_3O_3S$, molecular weight 323.4 is a white or almost white crystalline powder, odorless, tasteless, m.p., 165-170°C (Fig. 1) (British Pharmacopoeia 1998, Martindale, 1999 and Parvez M. *et al.*, 1999). It is practically insoluble in water, sparingly soluble in acetone, slightly soluble in ethanol (96%) and freely soluble in dichloromethane. It is synthesized by the addition to the sulfonylurea grouping of a N-containing heterocyclic ring with an endocyclic bond, it is stable under normal conditions. It is marketed by various trade names such as Diamicon, Glimicon, Nordialex, etc.



Fig. 1: Gliclazide

It is readily absorbed in gastrointestinal tract and transported through bound plasma proteins. It treats diabetes mellitus by reducing the platelet adhesiveness and aggregation by antagonizing the abnormal fibrin deposition on the vessel wall and by reducing the excessive response of the diabetic microvessel to adrenergic stimulation.

Gliclazide should not be used in insulin-dependent diabetes mellitus and used in patients with severe impairment of thyroid function (Colin D., 1999). Side effects of gliclazide treatment are similar to those of other sulfonylureas (Paice *et al.*, 1985). Gliclazide used in a standard dose is less likely than glyburide to cause hypoglycemia (Jennings *et al.*, 1989).

There are number of reported drug interactions of gliclazide (Uusitupa *et al.*, 1980; Koda Kimble, 1992; Mills and Horn, 1985; Chin *et al.*, 1984; Abramson and Arky, 1968 and Mackintosh, 1967). Gliclazide in presence of aspirin, clofibrate, sulfonamides and cimetidine (Archambeaud *et al.*, 1987 and MacWalter, 1985) may increase the hypoglycemic effect while on the other hand barbiturates, phenytoin, thiazide, diuretics, diazomide, glucocorticoids, estrogens or sympathomimetic drugs and alcohol oppose the hypoglycemic action of sulfonylureas (Colin, 1999 and Paice *et al.*, 1985). However, there are less frequent evidences of drug interactions of cardio selective (β -1 selective) β -blockers (atenolol, metoprolol, betaxolol) drugs with gliclazide (O'Byrne & Feely, 1990 and Shorr *et al.*, 1997). Some studies have reported a potential interaction between fluconazole and gliclazide, resulting in enhanced hypoglycemic effects (Holmes *et al.*, 1984 and Anon, 1992). In clinical studies, the concurrent use of monoamine oxidase (MAO) inhibitors and insulin or oral hypoglycemic drugs have been reported to improve glucose tolerance (Cooper and Ashcroft, 1967, Cooper and Ashcroft, 1966, Bressler *et al.*, 1965 and Wickstrom & Pettersson, 1964). NSAIDs have not produced hypoglycemic effects (Shah *et al.*, 1984 and Whiting *et al.*, 1981 and Mork & Robertson, 1983) reported that the hypoglycemic effects of aspirin and ibuprofen, were minimal or negligible. There have been conflicting reports about the effects of calcium channel blockers on NIDDM drugs (Giugliano *et al.*, 1980, Heyman, 1989 and Fu Z.Z., 1992). There is no definite evidence of a reduction or improvement in glucose tolerance due to calcium channel blocker administration. Troglitazone added to glibenclamide or gliclazide therapy in patients with poorly controlled NIDDM significantly improved fasting plasma glucose (FPG) and glycosylated hemoglobin (Iwamoto, 1996).

Antacids are drugs used to neutralize the hydrochloric acid secreted by gastric parietal cells. Antacids are compared quantitatively in terms of their acid neutralizing capacity and are widely used for many disorders. The potential of antacids to interact with other concomitantly ingested drugs is well recognized. These interactions usually result in reduced or delayed absorption of the affected drugs (Albert and Rees, 1956; Waisbren *et al.*, 1950; Greenblatt *et al.*, 1976; Grasela *et al.*, 1989; Lebsack, 1988; Kunka, 1988; Campbell, 1992; Nix *et al.*, 1990; Noyes & Polk, 1988 and Flor, 1990) while in some cases antacids increase the bioavailability of some drugs (Miller, 1990 and Arayne & Sultana, 1993). These are not as efficacious as the H_2 -receptor antagonists and proton pump inhibitors (Rang & Dale 1993). Present paper deals with the *in vitro* availability studies of gliclazide in presence of antacids like aluminum hydroxide, aluminum trisilicate, magnesium oxide, magnesium trisilicate, sodium bicarbonate, calcium carbonate, magaldrate and simethicone (2,4-dimethoxypolysiloxane). Most of these antacids contain di- and trivalent metal cations which have more affinity towards electron-rich binding sites. These studies were carried out in simulated gastric juice and in buffer of pH 7.4 simulating blood pH at body and accelerated temperatures.

MATERIALS AND METHODS

Gliclazide standard was obtained from M/s. Ali Gohar Pharmaceuticals (Pvt.) Ltd. It had expiry date not earlier than 365 days, at the time of these studies.

In vitro availability studies of gliclazide were carried out in absence and presence of these antacids at 37°C and 48°C by using standard dissolution apparatus. In these sets of experiments gliclazide 25 mg was added to the dissolution medium at zero time while after 15 minutes before collecting the sample, 2 gm of each antacid was added to the dissolution medium separately in each individual set of experiment. Aliquots were withdrawn every 15 minutes till three hours and assayed for the gliclazide content. Although there are number of methods reported for the

quantitation of gliclazide in blood, plasma, various laboratory and analytical samples, which include titrimetric British Pharmacopoeia 1998, spectrophotometric (El Kousy, 1991; El Kousy & Ashoor, 1990 and Hussein *et al.*, 1989), TLC (Frank *et al.*, 1986), high performance liquid chromatography [Yuqin *et al.*, 1995; Huichen *et al.*, 1995; Noguchi *et al.*, 1992; Bogusz & Moutain, 1991; Bustamante *et al.*, 1990; Shenfield *et al.*, 1990; Igaki *et al.*, 1989; Tamoto *et al.*, 1988; Poirier *et al.*, 1987; Sidhu *et al.*, 1987; Igaki, 1986; Charles & Ravenscroft, 1984; Kimura *et al.*, 1980; Kimura *et al.*, 1980 and Waahlin-Boll & Melander, 1979), gas chromatography (Maeda *et al.*, 1981), RIA methods (Suzuki *et al.*, 1981 and Heptner *et al.*, 1984) and coulometric method (Nikolic *et al.*, 1992). The method selected for our studies is simple, accurate and quick. Gliclazide exhibits strong absorption in the ultraviolet region of the spectrum at 225 nm, measurement of which have been employed for the assay of gliclazide, which followed Beer's Lambert law in the concentration range studied.

Validation of Calibration Curve of Gliclazide

For the validation of calibration curve, 5 ml working standard solutions of each concentration ranging from 5, 10, 15 ... 50 µg/ml were drawn and the absorbance was measured in the same range against reagent blank. A graph was plotted for absorbance against respective concentration in order to ensure the validity of Beer Lambert's law. The molar absorptivity of gliclazide obtained in simulated gastric juice ($15,121 \pm 0.003 \text{ } \square \text{ Mole}^{-1}\text{cm}^{-1}$), was used for further calculations of the left over drug after interactions with antacids using Beer-Lambert law. Graphs between drug concentration versus time were plotted which showed drug status during and at the end of the experiments.

RESULTS AND DISCUSSION

The results of the effect of antacids on the *in vitro* availability of gliclazide at different time intervals, in simulated gastric juice at 37° and 48°C are given in Tables 1 and 2 respectively. Similarly, the *in vitro* availability of gliclazide in buffer of pH 7.4 at 37° & 48°C are mentioned in Tables 3 and 4 respectively. Graphs were plotted (Fig. 1-4) for the first order dissolution rate constant of drug concentration versus time in each set of experiment in presence or absence of antacids. The dissolution time T_{50} and T_{90} of gliclazide in presence of various antacids is given in Table 5.

Table 1 contains results of gliclazide-antacid interactions in simulated gastric juice at 37°C. As can be seen from these profiles and Fig. 1, the dissolution rate of gliclazide decreased in presence of all the antacids studied except magnesium oxide, magnesium trisilicate and sodium bicarbonate, where it increased significantly.

Magnesium oxide and magnesium trisilicate exhibited a significant effect on the rate of dissolution of gliclazide. After an interval of 30 minutes 44 and 45% of the drug were present in the solution and after 120 minutes the entire drug was available. The T_{50} and T_{90} values of gliclazide in presence of both magnesium oxide and magnesium trisilicate were found to be 45, 91 and 44, 88 minutes respectively.

In case of sodium bicarbonate same effect on the rate of dissolution of gliclazide was shown. After an interval of 15 minutes 40% of the drug was present in the solution and after 135 minutes the entire drug was available. The T_{50} and T_{90} values of gliclazide in presence of sodium bicarbonate were found to be 44 and 90 minutes respectively.

Aluminum hydroxide and aluminum trisilicate exhibited a significant retardation effect on the dissolution of gliclazide. After an interval of 30 minutes only 32 and 27% and after 60 minutes 38

and 32% of the drug was dissolved so that T_{50} and T_{90} values for gliclazide in presence of aluminum hydroxide and aluminum trisilicate were 121, 269 minutes and 132, 262 respectively.

In case of calcium carbonate similar trend was observed, dissolution and availability of gliclazide slowed down; only 34% in first 15 minutes and at the end of the experiment 62% of the drug was available. T_{50} and T_{90} values were 104 and 260 minutes respectively.

There was a delay in the availability of gliclazide with magaldrate; only 11% of drug was available after 15 minutes. This may crop up due to large molecule, which was not completely soluble in the medium. T_{50} and T_{90} values were 329 and 593 minutes respectively.

Simeco™ tablet, a combination of aluminum hydroxide, magnesium carbonate, magnesium hydroxide and dimethylpolysiloxane had the greatest retardation effect on the dissolution behavior of gliclazide. Only 12% of the drug was dissolved after 15 minutes, so that T_{50} and T_{90} for gliclazide in presence of Simeco™ tablets were 228 and 411 minutes.

Temperature as well as medium effects are shown in the tables 1-4 and in Figs. 1-4. There was a slight increase in the values, which may be either due to increase in temperature or effect of dissolution medium.

Although it had previously been suggested that antacids decrease the dissolution of other antibiotics by raising the pH of the medium (Sultana *et al.*, 1983 and Sultana *et al.*, 1984) and the dissolution rate is markedly reduced at high pH values [Barr *et al.*, 1972], while there was no significant increase in pH by the addition of these antacids in the dissolution medium. On the contrary, we used two dissolution mediums, simulating stomach and blood pH. In both of these mediums the T_{50} and T_{90} values were increased which showed delay in availability of drug. Chelate formation may be involved as has been observed in case of tetracyclines or in case of dicoumarol (Neuvonen and Kivisto, 1994), where magnesium hydroxide increased the absorption of later drug.

In our studies, the dissolution of gliclazide increased in case of magnesium oxide, magnesium trisilicate and sodium bicarbonate as well as retarded by small amounts of antacids as aluminum hydroxide, aluminum trisilicate, calcium carbonate, magaldrate and simethicone, these containing polyvalent cations. Furthermore, there was a linear behavior of these drugs with respect to temperature and dissolution medium.

Eliot and Armstrong concluded that all capsular medications were functionally inactive when given under conditions in which the contents of the stomach were neutral or alkaline. They proposed an inhibitory effect of increased pH on the dissolution of capsule itself. According to Juhl and Blaug pH is probably not a major factor for the dissolution of capsule medications. They found that at body temperature, varying pH did not affect the average release time of the capsule, however at room temperature pH did affect the release times.

In conclusion, simultaneous administration of antacids with gliclazide may increase (as in case of magnesium oxide, magnesium trisilicate and sodium bicarbonate) or decrease the rate and extent of absorption of these sulphonylureas.

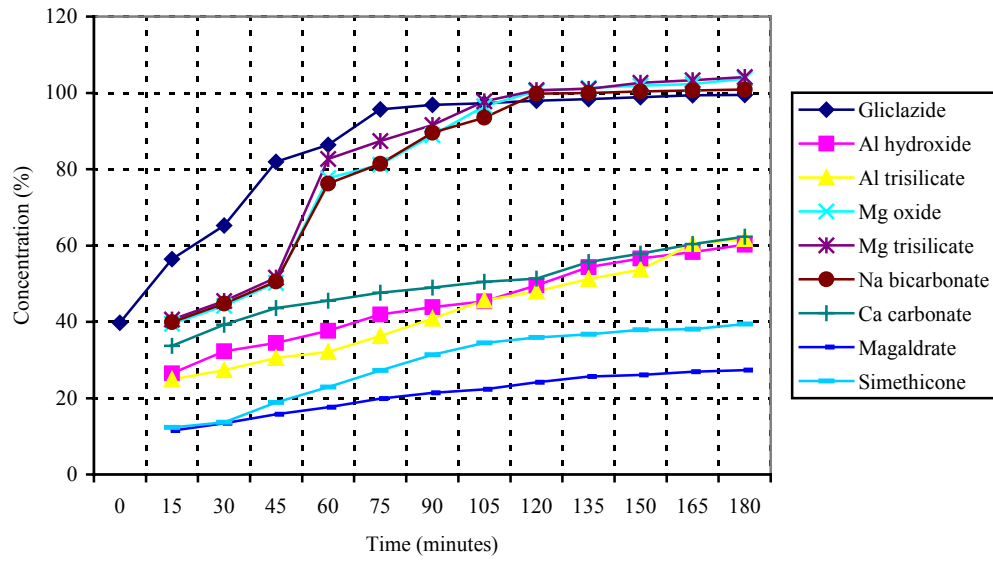


Fig. 1: Concentration of gliclazide (%) in presence of antacids at different time intervals in simulated gastric juice at 37 °C.

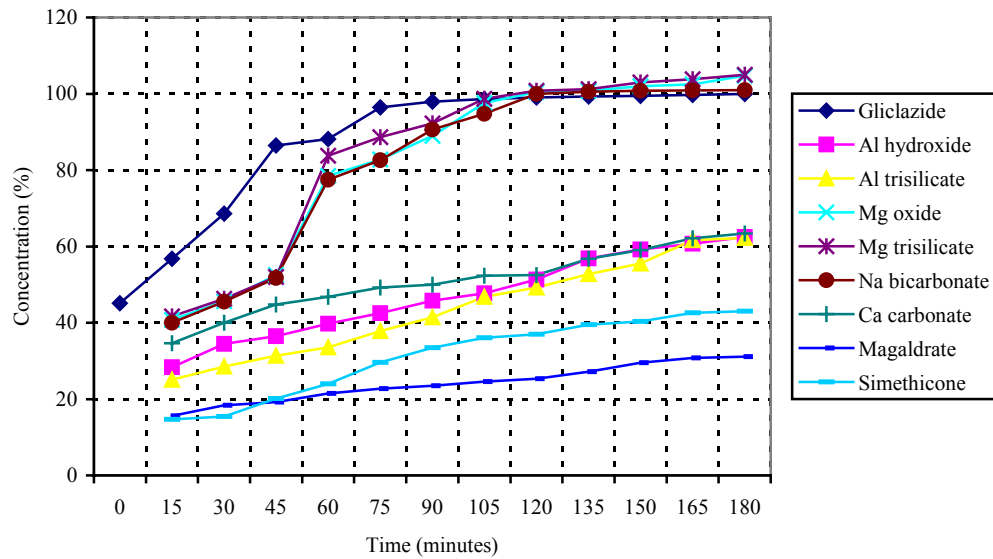


Fig. 2: Concentration of gliclazide (%) in presence of antacids at different time intervals in simulated gastric juice at 48 °C.

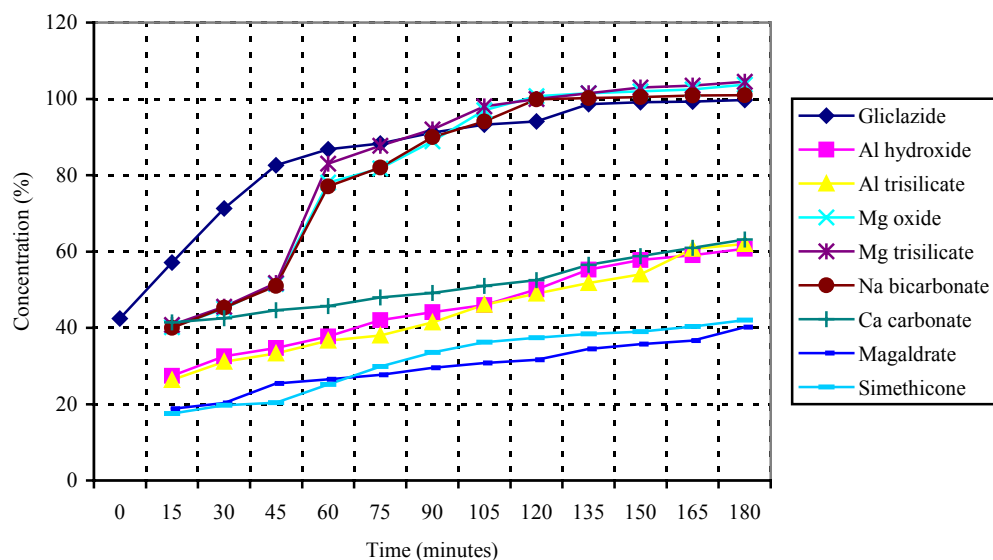


Fig. 3: Concentration of gliclazide (%) in presence of antacids at different time intervals in buffer of pH 7.4 at 37 °C.

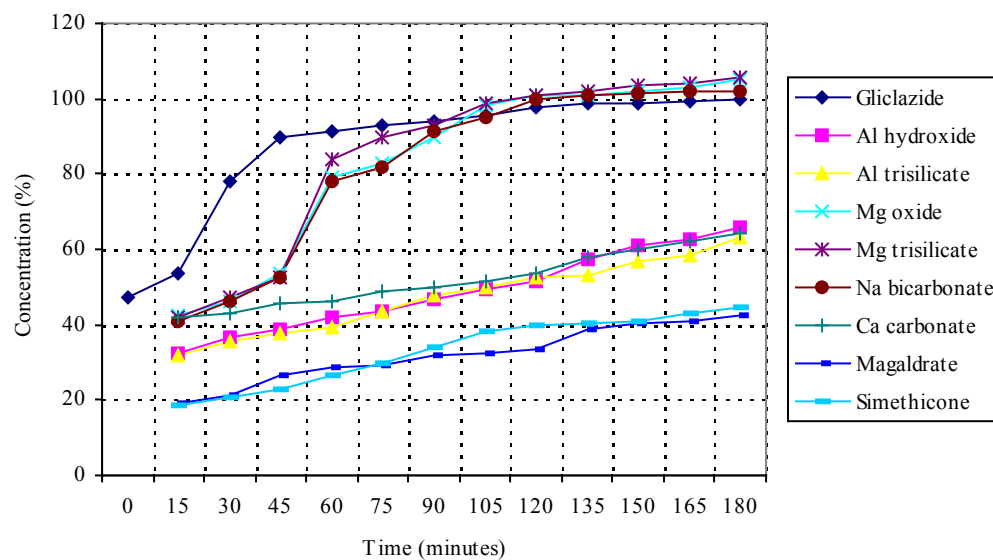


Fig. 4: Concentration of gliclazide (%) in presence of antacids at different time intervals in buffer of pH 7.4 at 48 °C

Table 1
Concentration of gliclazide (%) in presence of antacids at different time intervals in simulated gastric juice at 37 °C

Sample	0	15	30	45	60	75	90	105	120	135	150	165	180
Gliclazide	39.74	56.43	65.22	81.91	86.35	95.65	96.87	97.30	97.91	98.35	98.87	99.39	99.48
Gliclazide + aluminum hydroxide	-	26.50	32.32	34.47	37.64	41.97	43.82	45.33	49.60	54.37	56.63	58.32	60.20
Gliclazide + aluminum trisilicate	-	24.88	27.36	30.50	32.14	36.34	40.87	45.66	48.00	51.22	53.65	60.34	61.72
Gliclazide + magnesium oxide	-	39.50	44.18	50.20	77.64	81.20	88.87	96.51	100.46	101.32	101.86	102.31	103.77
Gliclazide + magnesium trisilicate	-	40.60	45.44	51.60	82.66	87.37	91.59	97.76	100.70	101.07	102.68	103.34	104.11
Gliclazide + sodium bicarbonate	-	39.88	44.76	50.54	76.21	81.44	89.53	93.50	99.80	100.00	100.40	100.67	100.87
Gliclazide + calcium carbonate	-	33.73	39.21	43.64	45.50	47.60	48.97	50.47	51.32	55.70	57.84	60.40	62.31
Gliclazide + magaldrate	-	11.50	13.41	15.77	17.61	19.84	21.40	22.33	24.18	25.62	26.04	26.88	27.34
Gliclazide + simethicone	-	12.35	13.64	18.87	22.92	27.24	31.40	34.50	35.87	36.74	37.93	38.11	39.45

Table 2
Concentration of glliclazide (%) in presence of antacids at different time intervals in simulated gastric juice at 48 °C

Sample	0	15	30	45	60	75	90	105	120	135	150	165	180
Glliclazide	45.13	56.78	68.61	86.43	88.17	96.43	97.91	98.61	99.04	99.30	99.48	99.74	100.00
Glliclazide + aluminum hydroxide	-	28.32	34.45	36.50	39.75	42.50	45.75	47.68	51.30	56.89	59.22	60.71	62.50
Glliclazide + aluminum trisilicate	-	25.10	28.50	31.33	33.52	37.78	41.40	46.80	49.20	52.75	55.50	61.65	62.26
Glliclazide + magnesium oxide	-	40.75	45.63	52.47	78.50	82.80	89.00	97.60	100.50	100.80	101.97	102.50	104.77
Glliclazide + magnesium trisilicate	-	41.70	46.30	52.00	83.75	88.67	92.21	98.69	100.80	101.20	103.00	103.78	105.00
Glliclazide + sodium bicarbonate	-	40.00	45.50	51.74	77.50	82.64	90.65	94.75	99.97	100.54	100.76	100.89	101.00
Glliclazide + calcium carbonate	-	34.67	40.00	44.75	46.80	49.20	50.00	52.31	52.50	56.75	59.00	62.11	63.40
Glliclazide + Magaldrate	-	15.60	18.33	19.22	21.50	22.75	23.50	24.61	25.33	27.14	29.50	30.75	31.09
Glliclazide + Simethicone	-	14.70	15.42	20.10	24.00	29.60	33.50	36.10	37.00	39.50	40.37	42.63	43.00

Table 3
Concentration of gliclazide (%) in presence of antacids at different time intervals in buffer of pH 7.4 at 37 °C

Sample	0	15	30	45	60	75	90	105	120	135	150	165	180
Gliclazide	42.40	57.10	71.30	82.61	86.81	88.31	91.12	93.21	94.11	98.61	99.11	99.31	99.71
Gliclazide + aluminum hydroxide	-	27.45	32.50	34.75	37.75	42.00	44.10	45.95	50.10	55.25	57.75	59.00	60.70
Gliclazide + aluminum trisilicate	-	26.30	31.10	33.32	36.61	38.00	41.41	46.00	49.00	51.75	54.00	60.75	62.00
Gliclazide + magnesium oxide	-	40.15	45.00	51.50	78.04	81.75	88.90	97.00	100.75	101.50	102.00	102.50	103.75
Gliclazide + magnesium trisilicate	-	40.75	45.50	51.75	83.00	87.75	92.00	98.00	100.00	101.50	103.00	103.50	104.50
Gliclazide + sodium bicarbonate	-	40.00	45.25	51.00	77.10	82.00	90.00	94.10	99.90	100.25	100.50	100.88	101.00
Gliclazide + calcium carbonate	-	41.40	42.50	44.65	45.74	48.00	49.10	51.00	52.50	56.50	58.75	61.00	63.15
Gliclazide + magaldrate	-	18.75	20.32	25.45	26.50	27.65	29.50	30.79	31.63	34.50	35.75	36.67	40.14
Gliclazide + simethicone	-	17.50	19.70	20.35	25.16	29.83	33.56	36.19	37.40	38.40	39.00	40.36	42.00

Table 4
Concentration of gliclazide (%) in presence of antacids at different time intervals in buffer of pH 7.4 at 48 °C

Sample	0	15	30	45	60	75	90	105	120	135	150	165	180
Gliclazide	47.40	53.60	77.81	89.61	91.11	92.71	94.11	95.31	97.71	98.71	98.91	99.51	99.91
Gliclazide + aluminum hydroxide	-	32.50	36.74	38.66	41.75	43.50	46.89	49.40	51.63	57.50	61.25	62.50	66.00
Gliclazide + aluminum trisilicate	-	31.80	35.75	37.50	39.43	43.50	47.87	50.15	52.33	53.10	56.90	58.17	63.40
Gliclazide + magnesium oxide	-	42.35	46.00	53.50	79.10	83.00	89.50	98.00	100.75	101.00	102.00	103.00	105.00
Gliclazide + magnesium trisilicate	-	42.00	47.10	52.35	84.00	89.50	93.00	99.00	101.00	102.00	103.75	104.00	105.75
Gliclazide + sodium bicarbonate	-	41.00	46.00	52.50	78.00	82.00	91.10	95.00	100.00	100.75	101.50	101.75	102.00
Gliclazide + calcium carbonate	-	42.00	43.00	45.75	46.00	49.10	50.00	51.25	53.50	57.75	60.00	62.25	64.00
Gliclazide + magaldrate	-	19.00	21.50	26.30	28.50	29.00	31.75	32.50	33.50	38.65	40.25	41.00	42.25
Gliclazide + simethicone	-	18.75	20.64	23.00	26.75	30.00	34.10	38.00	39.75	40.50	41.00	43.10	44.50

Table 5
Dissolution of gliclazide (T_{50%} and T_{90%}) in presence of antacids

Antacids	In simulated gastric juice				In buffer of pH 7.4			
	37°C		48°C		37°C		48°C	
	T ₅₀	T ₉₀	T ₅₀	T ₉₀	T ₅₀	T ₉₀	T ₅₀	T ₉₀
Reference standard	13.29	62.54	13.21	61.24	13.13	88.89	13.99	45.19
Aluminium hydroxide	120.96	269.10	116.95	259.20	119.76	266.89	106.27	245.45
Aluminium trisilicate	131.78	262.47	121.95	260.20	130.43	261.29	104.68	255.52
Magnesium oxide	44.82	91.14	42.88	91.01	43.69	91.11	42.05	90.50
Magnesium trisilicate	43.60	88.44	43.27	87.48	43.48	88.04	42.98	75.42
Sodium bicarbonate	44.52	90.47	43.49	89.35	44.12	90.00	42.86	88.91
Calcium carbonate	104.02	260.00	90.00	255.52	102.91	256.53	90.00	253.12
Magaldrate	329.19	592.54	289.48	521.07	224.21	403.59	213.02	383.43
Simethicone	228.14	410.65	209.30	376.74	214.29	385.71	202.25	364.04

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